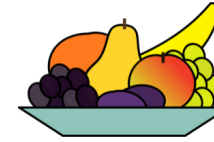




EGCSD November Breakfast Menu

NOVEMBER 20-21

K-8



Menu Subject to Change

Monday

Tuesday

Wednesday

Thursday

Friday

A Students

B Students

Virtual Learning

A Students

B Students

B	2) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	3) Assorted Cereal Bowls 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	4) Lender's bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	5) Mini Pancakes Soft and tasty 100% Juice cup Fresh fruit or Light Fruit Cup Low Fat or Fat Free Milk	6) Pillsbury pull apart bagel Cream cheese filling 100% Juice cup Fresh fruit or Light Fruit cup Low Fat or Fat Free milk
A	9) Assorted Cereal Bowls 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	10) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	11) VETERANS DAY NO SCHOOL	12) Pillsbury pull apart bagel Cream cheese filling 100% Juice cup Fresh fruit or Light Fruit cup Low Fat or Fat Free milk	13) Mini Pancakes Soft and tasty 100% Juice cup Fresh fruit or Light Fruit Cup Low Fat or Fat Free Milk
B	16) Cereal bar 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	17) Poptart 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	18) Lender's bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	19) Whole grain muffin 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	20) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
A	23) Poptart 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	24) Cereal bar 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	25) Thanksgiving Recess No School	26) Thanksgiving Recess No School	27) Thanksgiving Recess No School
A	30) Pillsbury pull apart bagel Cream cheese filling 100% Juice cup Fresh fruit or Light Fruit cup Low Fat or Fat Free milk				

This institution is an equal opportunity provider and employer

All meals are packaged with heating and refrigeration instructions

All meals meet the Whole grain requirement

All meals include fresh fruit, 100% juice, low fat or fat free milk

We serve a variety of breakfast items: