



# EGCSD December Breakfast Menu

**December 20-21**  
**K-8**



Menu Subject to Change

<u>Monday</u>		<u>Tuesday</u>		<u>Wednesday</u>		<u>Thursday</u>		<u>Friday</u>	
<u>A Students</u>		<u>B Students</u>		<u>Virtual Learning</u>		<u>A Students</u>		<u>B Students</u>	
A		1) <b>Assorted cereal bowls</b> 1 oz. cheese stick 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk	2) <b>Lenders bagel</b> 1 oz. cream cheese 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk	3) <b>Mini pancakes</b> Soft and tasty 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk	4) <b>Pillsbury pull apart bagel</b> Cream cheese filling 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk				
B	7) <b>Pillsbury mini waffles</b> Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	8) <b>Whole grain muffin</b> 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	9) <b>Lender's bagel</b> 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	10) <b>Pillsbury pull apart bagel</b> Cream cheese filling 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk	11) <b>Mini pancakes</b> Soft and tasty 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk				
A	14) <b>Cereal bar</b> 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	15) <b>Poptart</b> 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	16) <b>Lender's bagel</b> 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	17) <b>Whole grain muffin</b> 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	18) <b>Pillsbury mini waffles</b> Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk				
B	21) <b>Poptart</b> 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	22) <b>Cereal bar</b> 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	23) <b>Lender's bagel</b> 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	24) <b>Winter</b>	25) <b>Recess</b>				
A	28) <b>Winter</b>	29) <b>Recess</b>	30) <b>Recess</b>	31) 					

*This institution is an equal opportunity provider and employer*  
All meals are package with heating and refrigeration instruction  
All meals meet the Whole grain requirement

All meals include fresh fruit, 100% juice, low fat or fat free milk  
We serve a variety of breakfast items