







Columbia High School Lunch Menu

Grades 9-12
MySchoolBucks.com

January 2021

<u>Monday</u>		<u>Tuesday</u>		<u>Wednesday</u>		<u>Thursday</u>		<u>Friday</u>	
<u>A Students</u>		<u>B Students</u>		<u>Remote Learning</u>		<u>A Students</u>		<u>B Students</u>	
								1)  No School	
4) Golden Corn Dog Bush's baked beans Steamed broccoli florets Campbell's Minestrone soup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	5) Homestyle Meatloaf Served with a biscuit Crispy french fries Marinated four bean salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	6) Remote learning Bologna & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	7) Sloppy Joe Sandwich Served with on a wheat bun Crispy french fries Marinated four bean salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	8) Tony's French Bread Pizza Savory green beans Campbell's Minestrone soup Fresh garden salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk					
11) Tony's French Bread Pizza Choice of pepperoni or cheese Campbell's Clam chowder Savory green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	12) Chicken Patty Sandwich Served on a wheat bun Confetti corn salad Sliced carrot coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	13) Remote learning Ham & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	14) Chicken Patty Sandwich Served on a wheat bun Confetti corn salad Sliced carrot coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	15) Sloppy Joe Sandwich Served on a wheat bun Crispy french fries Savory green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk					
18) No School Martin Luther King Jr. Day	19) Remote Learning Chicken Nuggets Zesty herb rice Steamed broccoli Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	20) Remote Learning PB & Jelly sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	21) Remote Learning Garlic Cheese Dunkers Served with marinara sauce Seasoned green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	22) Remote Learning Cheeseburger Crispy french fries Sweet carrot coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk					
25) Cheeseburger Served on a wheat bun Crispy french fries Sweet carrot coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	26) Taco Salad Served with Tortilla Chips Lettuce, Cheese, Salsa Black bean & corn salsa Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	27) Remote learning Turkey & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	28) Taco Salad Served with Tortilla Chips Lettuce, Cheese, Salsa Black bean & corn salsa Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	29) Homemade Cheese Pizza Served on white wheat crust Campbell's Minestrone soup Steamed broccoli florets Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk					

Breakfast and Lunch Prices

At this time meals are free sponsored by the USDA
Breakfast Price - \$2.25 daily
Lunch Price - \$3.25 daily
Reduced Price Breakfast - Free
Reduced Price Lunch - Free

Menu Subject to Change

This institution is an equal opportunity provider and employer

www.egcsd.org/food-services

Ala Carte Prices

Assorted Yogurt - \$1.25
Ice Cream / Chips - \$1.00
Cookie - \$.60
Fruit / Veggie Cup - \$.80
Milk / Juice Cup - \$.60
Bottled Water - \$1.00

Daily Alternative Lunch

Fresh salad with choice of topping, breadstick and dressing
OR
M-Tuna Salad Sandwich
T-Turkey with Lettuce Sandwich
W-Bologna & Cheese Sandwich
Th-PB&J Uncrustable
F-Ham & Cheese Sandwich

All meals meet the Whole Grain requirements



Daily Breakfast Menu

All meals include fresh fruit, 100% juice, low fat or fat free milk.
Breakfast Sandwiches
Whole Grain Muffin
English Muffin
French Toast Sticks
Cereal Bowls (assorted varieties)
Yogurt