



# East Greenbush Elementary School Lunch Menu

## January 2021

January 2021  
Grade K-5  
MySchoolBucks.com

	<u>Monday</u> <u>A Students</u>	<u>Tuesday</u> <u>B Students</u>	<u>Wednesday</u> <u>Remote Learning</u>	<u>Thursday</u> <u>A Students</u>	<u>Friday</u> <u>B Students</u>
					1) NO SCHOOL <i>Happy New Year</i>
B Blue	4) <b>Popcorn Chicken (10)</b> Whole grain breading Sweet potato fries Or Sweet Corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	5) <b>Golden pizza dunkers</b> Served with marinara sauce Minestrone Soup Or Italian green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	6) <b>Remote learning</b> Bologna & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	7) <b>Mac &amp; Cheese</b> Made with whole grain pasta Steamed Broccoli Or Veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	8) <b>Stuffed crust pizza</b> Cheese or Pepperoni Italian Green Beans Or Veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A Red	11) <b>Fun Corn Dog on a Stick</b> Golden Sweet Fries Cowboy Baked Beans Or Good For You Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	12) <b>Mac &amp; Cheese</b> Made with whole grain pasta Steamed Broccoli Or Veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	13) <b>Remote learning</b> Ham & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	14) <b>Yippy Taco Salad!</b> Served on Warm Tortilla Chips Lettuce/Tomato/Cheese/Salsa Confetti Corn Salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	15) <b>Yippy Taco Salad!</b> Served on Warm Tortilla Chips Lettuce/Tomato/Cheese/Salsa Confetti Corn Salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
B Blue	18) <b>No School</b> <b>Martin Luther King Jr. Day</b>	19) <b>Toasted Cheese Sandwich</b> Creamy Tomato Soup Little Dilly Pickles Good For You Veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	20) <b>Remote learning</b> PB & Jelly sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	21) <b>Hamburger/Cheeseburger</b> Served on Warm Wheat Bun Crispy seasoned fries Or baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	22) <b>Popcorn Chicken (10)</b> Whole grain breading Sweet potato fries Or Sweet Corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A Red	25) <b>Stuffed Crust Pizza</b> Cheese or Pepperoni Italian green beans Or Veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	26) <b>Hamburger/Cheeseburger</b> Served on Warm Wheat Bun Crispy Seasoned Fries Or baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	27) <b>Remote learning</b> Turkey & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	28) <b>Toasted Cheese Sandwich</b> Creamy Tomato Soup Little Dilly Pickles Good For You Veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	29) <b>French Bread Pizza</b> Warm Cinnamon Applesauce Steamed Broccoli Or Veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk

### Breakfast and Lunch Prices

At this time meals are free  
Sponsored by the USDA  
Breakfast Price - \$1.75 daily  
Lunch Price - \$3.00 daily  
Reduced Price Breakfast - Free  
Reduced Price Lunch - Free  
Menu Subject to Change

### Snack Prices

Assorted Yogurt - \$.75  
Chips - \$1.00  
Cookie - \$.60  
Ice Cream - \$1.00  
Juice Cup - \$.60  
Bottled Water - \$.75

Daily Alternative Lunch  
Fresh salad with choice of  
topping, breadstick and dressing  
OR  
M -Tuna Salad Sandwich  
T-Turkey with Lettuce Sandwich  
W - Bologna & Cheese Sandwich  
Th -PB&J Uncrustable  
F-Ham & Cheese Sandwich  
Includes: Vegetable, fruit & milk



### Grab N Go Breakfast

All meals include fresh fruit, 100%  
juice, low fat or fat free milk.  
Monday -Mini Pancakes (maple or strawberry)  
Tuesday-Warm Whole Grain Bagel  
Wednesday-Muffin (blueberry or apple cinn.)  
Thursday-Waffles (maple or blueberry)  
Friday-Pillsbury Bagels w/ cream cheese filling  
Daily-Cereal Bowls, Cereal Bars, Yogurt, Pop Tarts

All meals meet the Whole grain requirement

*This institution is an equal opportunity provider and employer*