



EGCSD January Breakfast Menu

JANUARY 2021

K-8

Menu Subject to Change

Monday

Tuesday

Wednesday

Thursday

Friday

A Students

B Students

Virtual Learning

A Students

B Students

A					1)  NO SCHOOL
B	4) Assorted cereal bowls 1 oz. cheese stick 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	5) Mini pancakes Soft and tasty 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	6) Lender's bagel 1oz cream cheese 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	7) Pillsbury pull apart bagel With cream cheese filling 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	8) Assorted cereal bowls 1 oz. cheese stick 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk
A	11) Cereal bar 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	12) Poptart 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	13) Whole grain muffin 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	14) Lender's bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	15) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
B	18) Martin Luther King Jr. Day! No School	19) Lender's bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	20) Cereal bar 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	21) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	22) Whole grain muffin 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
A	25) Mini pancakes Soft and tasty 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	26) Pillsbury pull apart bagel With cream cheese filling 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	27) Lender's bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	28) Poptart 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	29) Cereal bar 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk



This institution is an equal opportunity provider and employer

All meals include fresh fruit, 100% juice, low fat or fat free milk



All meals are package with heating and refrigeration instruction
All meals meet the Whole grain requirement

We serve a variety of breakfast items