



Columbia High School Breakfast Menu

February 2021

Grades 9-12

Menu Subject to Change



Monday

Tuesday

Wednesday

Thursday

Friday

A Students

B Students

Virtual Learning

A Students

B Students

1) French Toast Sticks Served with syrup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	2) Sausage, Egg & Cheese Served on an English muffin Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	3) Cinnamon Bun Individually wrapped Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	4) Pancake Wrapped Sausage Served on a stick Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	5) Vanilla Yogurt (6oz) Served with granola Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
8) Sausage, Egg & Cheese Served on an English muffin Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	9) Sweet Honey Bun Individually Wrapped Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	10) Pillsbury Frudel Cherry or Apple Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	11) Vanilla Yogurt (6oz) Served with granola Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	12) French Toast Sticks Served with syrup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
15) 	16)	17)	18)	19)
WINTER RECESS				
22) Cinnamon Bun Individually wrapped Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	23) French Toast Sticks Served with syrup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	24) Mini Waffles Maple or Blueberry Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	25) Sweet Honey Bun Individually Wrapped Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	26) Pancake Wrapped Sausage Served on a stick Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk

This institution is an equal opportunity provider and employer

All meals are package with heating and refrigeration instruction

All meals meet the Whole grain requirement

All meals include a variety of fruit, low fat or fat free milk

We serve a variety of breakfast items