



East Greenbush Elementary School Lunch Menu

February 2021



Grades K-5
MySchoolBucks.com

	<u>Monday</u> <u>A Students</u>	<u>Tuesday</u> <u>B Students</u>	<u>Wednesday</u> <u>Remote Learning</u>	<u>Thursday</u> <u>A Students</u>	<u>Friday</u> <u>B Students</u>
B	1) French Bread Pizza Steamed Broccoli or Warm cinnamon applesauce Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	2) Little fish sticks (3) Served with dipping sauce Tasty seasoned fries or Sunny Carrot Coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	3) Remote learning Bologna & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	4) Crispy chicken nuggets (5) With whole grain breading Colorful Mixed Vegetables or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	5) Personal pan pizza Served on whole grain crust Italian green beans or Always fresh veggie cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A	8) Little fish sticks (3) Served with dipping sauce Tasty seasoned fries or Sunny Carrot Coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	9) Meatballs with bread stick Served with Parmesan Cheese Garden salad w/dressing or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	10) Remote learning Ham & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	11) Hot Diggity Dog on a Bun Cowboy Baked Beans Dill Pickles & Potato Chips or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	12) Crispy chicken nuggets (5) With whole grain breading Colorful Mixed Vegetables or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
	15) No School Winter Recess	16) No School Winter Recess	17) No School Winter Recess	18) No School Winter Recess	19) No School Winter Recess
B	22) Personal Pan Pizza Served on whole grain crust Seasoned Green Beans or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	23) Hot Diggity Dog on a Bun Cowboy Baked Beans Dill Pickles & Potato Chips or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	24) Remote learning Turkey & cheese sandwich Whole grain sun chips Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	25) Meatballs with bread stick Served with Parmesan Cheese Garden salad w/dressing or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	26) Stuffed Crust Pizza Homemade Chicken Soup Sunny Carrot Coins or Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk

Breakfast and Lunch Prices

At this time meals are free
Sponsored by the USDA
Breakfast Price - \$1.75 daily
Lunch Price - \$3.00 daily
Reduced Price Breakfast - Free
Reduced Price Lunch - Free

Menu Subject to Change

This institution is an equal opportunity provider and employer

A la carte Fruit or veggies \$.80

Snack Prices

Assorted Yogurt - \$.75
Chips - \$1.00
Cookie - \$.60
Ice Cream - \$1.00
Juice Cup - \$.60
Bottled Water - \$.75

Daily Alternative Lunch
Fresh salad with choice of
topping, breadstick and dressing
OR
M -Tuna Salad Sandwich
T -Turkey with Lettuce Sandwich
W- Bologna & Cheese Sandwich
Th-PB&J Uncrustable
F-Ham & Cheese Sandwich
Includes: Vegetable, fruit & milk



Grab N Go Breakfast

All meals include fresh fruit, 100%
juice, low fat or fat free milk.
Mini Pancakes (maple or strawberry)
Warm Whole Grain Bagel
Muffin (blueberry or apple cinn.)
Waffles (maple or blueberry)
Pillsbury Bagels w/ cream cheese filling
Daily-Cereal Bowls, Cereal Bars, Yogurt, Pop Tarts



All meals meet the Whole grain requirement