

Columbia High School Breakfast Menu

March 2021

Menu Subject to Change



Monday

Tuesday

Wednesday

Thursday

Friday

A Students

B Students

Virtual Learning

A Students

B Students

1	Pillsbury Frudel Cherry or Apple 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	2	Cinnamon Bun Individually wrapped 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	3	Vanilla Yogurt (6oz) Served with granola 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	4	Whole Grain Muffin Assorted Varieties 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	5	Assorted Cereal Bowls Delicious varieties 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
8	Sausage, Egg & Cheese Served on a pretzel roll 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	9	Lender's Bagel Variety Served with cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	10	Mini Waffles Maple or Blueberry 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	11	Sweet Honey Bun Individually Wrapped 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	12	Pillsbury Frudel Cherry or Apple 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
15	Mini Pancakes Assorted flavors 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	16	Sausage, Egg & Cheese Served on a pretzel roll 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	17	Lender's Bagel Variety Served with cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	18	French Toast Sticks Served with syrup 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	19	K - 12 HALF DAY PROFESSIONAL DEVELOPMENT Breakfast will be served
22	Assorted Cereal Bowls Delicious varieties 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	23	Pancake Wrapped Sausage Served on a stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	24	Cinnamon Bun Individually wrapped 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	25	Vanilla Yogurt (6oz) Served with granola 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	26	Whole Grain Muffin Assorted Varieties 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
29	Lender's Bagel Variety Served with cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	30	French Toast Sticks Served with syrup 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	31	Sweet Honey Bun Individually Wrapped 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk				

This institution is an equal opportunity provider and employer

All meals are package with heating and refrigeration instruction

All meals meet the Whole grain requirement

All meals include fresh fruit, 100% juice, low fat or fat free milk

We serve a variety of breakfast items