



East Greenbush Elementary School Lunch Menu

Grades K-5 - 2021
MySchoolBucks.com



Menu Subject to Change



Monday

A Students

Tuesday

B Students

Wednesday


Remote Learning

Thursday

A Students

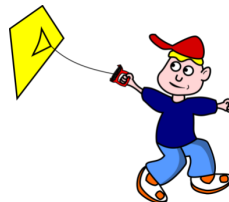
Friday

B Students

<p>A 1) Breakfast for lunch French toast sticks (3) Juicy sausage links (2) Crispy tater tots Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>2) Cheeseburger on wheat roll French fries Celery & carrot sticks w/ Ranch dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>3) Bologna & Cheese w/ sun chips OR Pizza and green beans Good for you veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>4) Taco salad Served with corn chips Lettuce, cheddar cheese, salsa Cheesy Refried Beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>5) Taco salad Served with corn chips Lettuce, cheddar cheese, salsa Cheesy Refried Beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>
<p>B 8) Crispy chicken nuggets (5) With whole grain breading Soft pretzel Steamed green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>9) Breakfast for lunch French toast sticks (3) Juicy sausage links (2) Crispy tater tots Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>10) Ham & cheese w/ sun chips OR Pizza & mixed vegetables Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>11) Chicken patty melt with American Cheese On whole grain bun Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>12) Personal pan pizza Whole grain crust Celery and carrot sticks Served with ranch dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>
<p>A 15) Personal pan pizza Whole grain crust Celery and carrot sticks Served with ranch dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>16) Crispy chicken nuggets (5) With whole grain breading Soft pretzel Steamed green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>17) Tuna Salad w/ sun chips OR Pizza & Carrot coins Mixed veggie bags Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>18) K-5 Half Day Parent Conferences</p>	<p>19) K-12 Half Day Professional Development</p>
<p>B 22) Cheeseburger on wheat roll French Fries Celery & carrot sticks w/ Ranch dressing Fresh fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>23) Fun Corn Dog on a Stick Smile fries or Cowboy Baked Beans Or Good For You Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>24) Turkey & cheese w/ sun chips OR Pizza & corn Delicious veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>25) Meatloaf w/ ketchup glaze Crispy seasoned fries Steamed Broccoli Bread Stick Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>26) Chicken patty melt with American Cheese on whole grain bun Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>
<p>A 29) Fun Corn Dog on a Stick Smile fries or Cowboy Baked Beans Or Good For You Veggie Cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>30) Meatloaf w/ ketchup glaze Crispy seasoned fries Steamed Broccoli Bread Stick Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>31) PB & Jelly w/ sun chips OR Pizza & California mixed veggies Good for you veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk</p>	<p>All meals meet the Whole grain requirement</p> 	

Breakfast and Lunch Prices
At this time meals are free
Sponsored by the USDA
Breakfast Price - \$1.75 daily
Lunch Price - \$3.00 daily
Reduced Price Breakfast - Free
Reduced Price Lunch - Free

Snack Prices
Assorted Yogurt - \$.75
Chips - \$1.00
Cookie - \$.60
Ice Cream - \$1.00
Juice Cup - \$.60
Bottled Water - \$.75



Grab N Go Breakfast

All meals include fresh fruit, 100% juice, low fat or fat free milk.
Mini Pancakes (maple or strawberry)
Warm Whole Grain Bagel
Muffin (blueberry or apple cinn.)
Waffles (maple or blueberry)
Pillsbury Bagels w/ cream cheese filling
Daily-Cereal Bowls, Cereal Bars, Yogurt, Pop Tarts

Daily Alternative Lunch
Fresh salad with choice of topping, breadstick and dressing
OR
M -Tuna Salad Sandwich
T -Turkey with Lettuce Sandwich
W - Bologna & Cheese Sandwich
Th -PB&J Uncrustable
F-Ham & Cheese Sandwich
Includes: Vegetable, fruit & milk

A la carte fruit or veggies \$.80; A la carte Milk \$.60

This institution is an equal opportunity provider and employer