



EGCSD MARCH BREAKFAST MENU K-8



March 2021 K-8

Menu Subject to Change



	<u>Monday</u> <u>A Students</u>	<u>Tuesday</u> <u>B Students</u>	<u>Wednesday</u> <u>Virtual Learning</u>	<u>Thursday</u> <u>A Students</u>	<u>Friday</u> <u>B Students</u>
A	1) Whole grain muffin 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	2) Delicious Frudel Cherry danish 100% Juice cup Fresh fruit or Light fruit cup Low Fat or Fat Free Milk	3) Poptart 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	4) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	5) Pillsbury pull apart bagel Cream cheese filling 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk
B	8) Assorted cereal bowls 1 oz. cheese stick 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	9) Mini pancakes Soft and tasty 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	10) Lender's bagel 1 oz cream cheese 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	11) Delicious Frudel Cherry danish 100% Juice cup Fresh fruit or Light fruit cup Low Fat or Fat Free Milk	12) Assorted cereal bowls 1 oz. cheese stick 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk
A	15) Pillsbury pull apart bagel Cream cheese filling 100% juice cup Fresh Fruit or Light Fruit Cup Low fat or fat free milk	16) Cereal bar 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	17) Assorted cereal bowls 1 oz. cheese stick 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	18) Lender's bagel 1 oz. cr. cheese, 100% juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk K-5 Half Day	19) Whole grain muffin 1 oz. cheese stick, 100% juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk K-5 Half Day
B	22) Cereal bar 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	23) Lender's bagel 1 oz cream cheese 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	24) Mini pancakes Soft and tasty 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	25) Assorted cereal bowls 1 oz. cheese stick 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	26) Poptart 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
A	29) Mini pancakes Soft and tasty 100% juice cup Fresh fruit or light fruit cup Low fat or fat free milk	30) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	31) Delicious Frudel Cherry danish 100% Juice cup Fresh fruit or Light fruit cup Low Fat or Fat Free Milk		

Breakfast and Lunch Prices

At this time meals are free
Sponsored by the USDA
Breakfast Price - \$1.75 daily
Lunch Price - \$3.00 daily
Reduced Price Breakfast - Free
Reduced Price Lunch - Free

All meals include fresh fruit, 100% juice, low fat or fat free milk

All meals meet the Whole grain requirement

All to go meals are packaged with heating and refrigeration instructions



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