East Greenbush Central School Breakfast Menu grades 9-12





	50	<u>Monday</u>		<u>Tuesday</u>		<u>Wednesday</u>		<u>Thursday</u>		<u>Friday</u>
000000	.0000000	<u>A Students</u>		B Students		<u>Virtual Learning</u>	_	A Students		B Students
			1)		2)	Mini Waffles	3)	Mini Bagel w. Cream Cheese	4)	Mini Cinnis
				NO		Maple or Blueberry		Cinnamon or Strawberry		Individually Wrapped
				SCHOOL		100% Juice cup		100% Juice cup		100% Juice cup
						Fresh Fruit or Light Fruit Cup		Fresh Fruit or Light Fruit Cup		Fresh Fruit or Light Fruit Cup
						Low Fat or Fat Free Milk		Low Fat or Fat Free Milk		Low Fat or Fat Free Milk
	7)	Cinnamon Bun	8)	Mini Waffles	9)	Mini Cinnis	10)	Pillsbury Frudel	11)	Lender's Bagel Variety
		Individually wrapped		Maple or Blueberry		Individually Wrapped		Apple or cherry		Served with cream cheese
		100% Juice cup		100% Juice cup		100% Juice cup		100% Juice cup		100% Juice cup
		Fresh Fruit or Light Fruit Cup		Fresh Fruit or Light Fruit Cup		Fresh Fruit or Light Fruit Cup		Fresh Fruit or Light Fruit Cup		Fresh Fruit or Light Fruit Cup
		Low Fat or Fat Free Milk		Low Fat or Fat Free Milk		Low Fat or Fat Free Milk		Low Fat or Fat Free Milk		Low Fat or Fat Free Milk
	14)	Mini Bagel w. Cream Cheese	15)	Cinnamon Bun	16)		17)		18)	
		Cinnamon or Strawberry		Individually wrapped						
		100% Juice cup		100% Juice cup		REMOTE LEARNING		REGENTS WEEK		B - Day students in school
		Fresh Fruit or Light Fruit Cup		Fresh Fruit or Light Fruit Cup		No meals served		CHEF'S CHOICE		CHEF'S CHOICE
		Low Fat or Fat Free Milk		Low Fat or Fat Free Milk						
	21)		22)		23)		24)		25)	
	,	A - Day students in school		MORNING		MORNING		MORNING		NO
		CHEF'S CHOICE		REGENTS		REGENTS		REGENTS		SCHOOL
				BREAKFAST ONLY		BREAKFAST ONLY		BREAKFAST ONLY		
	28)		29)		30)			saunint/		
		NO		NO		NO		AMMARIS		
		SCHOOL		SCHOOL		SCHOOL				

This institution is an equal opportunity provider and employer

All meals are package with heating and refrigeration instruction All meals meet the Whole grain requirement All meals include fresh fruit, 100% juice, low fat or fat free milk We serve a variety of breakfast items: