

Hello everyone!

Welcome to Modified Football! We are excited to have a season this year! I'm mainly going to get you pre season information, as this will most likely get sent out again as more people sign up.

There will be three coaches this year, myself, Luke Ackerman (who also teaches in Goff) and Drew Romanowski (who teaches at Columbia)

Just some information below to begin with. Feel free to email me if you have any questions for anything.

(1) Friday - 8/27 - The coaches will be in the equipment room at Columbia from 9 am to 11 am for anyone that wants to come pick up equipment. We highly recommend getting there sometime during that time, as it will make Monday's practice less chaotic. I'm not sure if they will be doing construction in the student's parking lot still, but you can drive up and around to the back side of Columbia. There will be doors propped open next to a red pole in the ground once you start to turn back around. Equipment pickup shouldn't take that long.

(2) Things that they will need for the first practice on **8/30** - Mouthpiece, Spikes/cleats that are plastic, not metal, a girdle (they do not need this, but it is strongly recommended. They are basically football underwear that comes with thigh pads, hip pads, tailbone pad and sometimes knee pads - We do supply all of these if needed, but the girdle makes things significantly easier for the player) and at least one football belt (if you don't buy a girdle, you will need to buy 2 belts) Everyone needs to bring their own water bottle - make sure your bottles are labeled with names. Everyone also needs to wear masks while inside (at either Columbia today, or Goff every other day)

(3) **Monday - 8/30** - Practice will be at Columbia from 3 pm - 5 pm. Come to the back of the school again. There is a back field that we will practice on. We ask that parents don't stay for practice. We can also work with any equipment issues then.

(4) **Tuesday - 8/31** - Practice everyday from here on will be at Goff from 3 pm - 5 pm (Monday-Friday.) I'll give more information on this as we get closer to the date. We won't practice on weekends unless we need it to meet the minimum required of practices. We are ok for now unless there is a cancellation for some reason.

(5) A Schedule for games is attached below.

(6) If you download the "Remind" app, I will post the same basic information there as in emails. The link to join the Modified Football group is [Modified Football 2021](#)

2021 Columbia Modified Football Schedule

Date	Time	Home	Away	Bus Leaves	Player Arrival Time	Location
9/14 - Tuesday	4:15 pm (scrimmage)	Columbia	Averill Park	3:00 pm (to Columbia)	Will be at school	Columbia HS
9/18/21 - Friday	10:00 am	CBA	Columbia	8:00 am (from Goff)	7:30 am	CBA
9/23/21 - Thursday	4:15 pm	Columbia	Schenectady	3:00 pm (to Columbia)	Will be at school	Columbia HS
9/29/21 - Wednesday	4:15 pm	Troy	Columbia	3:00 pm	Will be at school	Troy HS
10/7/21 - Thursday	4:15 pm	South Colonie	Columbia	3:00 pm	Will be at school	Sand Creek Middle School
10/14/21 - Thursday	4:15 pm	Columbia	Bethlehem	3:00 pm	Will be at school	Columbia
10/21/21 - Thursday	4:15 pm	Columbia	Albany	3:00 pm	Will be at school	Columbia
10/28/21 - Thursday	4:15 pm	Averill Park	Columbia	3:00 pm	Will be at school	Averill Park High School -

Updated - 8/11/21

The first game against CBA (Christian Brothers Academy) is a scrimmage.

Locations, opponents and times are subject to change. This document can be updated, so keep a constant eye on it for any alterations. We will notify by email/the remind app if there are changes as soon as we know. If you print it, just make sure you check this as it will update if need be.

Home Games - Home games - Players will be bused to Columbia High School.

Away Games - Players will take a bus from Goff MS to the location of the away game. For the Saturday away game, they need to arrive at the time mentioned above

Players may go home with their parents after an away game, **BUT** the parent/guardian must come to Coach Barnes and sign their son/daughter out. **YOU MAY NOT SIGN OUT ANYONE ELSE BUT YOUR OWN CHILD.** If you cannot sign your child out at an away game, THEY MUST ride the bus back to Goff, and need to be picked up there.

For the final game - 10/39 at Averill Park, EVERY PLAYER will be taking the bus back. This is to make equipment collection easier for everyone. The bus will be returning the players to Columbia.

