



East Greenbush Elementary School Lunch Menu

January 2022



January 2022
Grade K-5
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday

A	3) Popcorn chicken (8) Served with herb rice Steamed broccoli Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	4) Toasted cheese sandwich Creamy Tomato Soup Little Dilly Pickles Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	5) Breakfast for lunch French toast sticks Sausage links (2)/Hash brown Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	6) Crispy chicken sandwich Served on warm bun Bush baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	7) French bread pizza Cheese or pepperoni Italian Green Beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
B	10) Golden pizza dunkers Served with marinara sauce Minestrone Soup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	11) Yummy hot dog Served on a warm bun Oven baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	12) Hamburger or cheeseburger Served on warm bun Crispy smile fries Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	13) Golden chicken nuggets Served with herb rice Carrot coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	14) Stuffed crust pizza Cheese or Pepperoni Seasoned broccoli Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A	17) <p style="text-align: center;">No School Martin Luther King Jr. Day</p>	18) Crispy pizza crunchers With sauce & cheese inside Steamed mixed veggies Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	19) Meatball marinara Served with a warm bread stick Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	20) Popcorn Chicken (8) Soft pretzel Garden salad with dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	21) Golden Calzone Marinated chickpea salad Carrot coins / marinara sauce Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
B	24) Lots of fun corn dog Wrapped in sweet corn bread Bush's baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	25) Golden mozzarella sticks Whole grain goodness / sauce cup Garden salad w/ dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	26) Hamburger/Cheeseburger Served on Warm Wheat Bun Crispy seasoned fries Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	27) Golden chicken nuggets Served with herb rice Steamed broccoli Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	28) Personal pan pizza Whole grain crust Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A	31) Yummy fish sticks Served with ketchup or mayo Sweet potato fries Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	  			

Breakfast and Lunch Prices

At this time meals are free
 Sponsored by the USDA
 Breakfast Price - \$1.75 daily
 Lunch Price - \$3.00 daily
 Reduced Price Breakfast - Free
 Reduced Price Lunch - Free
 Menu Subject to Change

Snack Prices

Assorted Yogurt - \$.75
 Chips - \$1.00
 Cookie - \$.60
 Ice Cream - \$1.00
 Juice Cup - \$.60
 Bottled Water - \$.75

Daily Alternative Lunch
 Fresh salad with choice of
 topping, breadstick and dressing
 OR

M -Tuna Salad Sandwich
 T-Turkey with Lettuce Sandwich
 W - Bologna & Cheese Sandwich
 Th -PB&J Uncrustable
 F-Ham & Cheese Sandwich
 Includes: Vegetable, fruit & milk



Grab N Go Breakfast

All meals include fresh fruit, 100%
 juice, low fat or fat free milk.
 Mini Pancakes (maple or strawberry)
 Warm Whole Grain Bagel
 Muffin (blueberry or apple cinn.)
 Waffles (maple or blueberry)
 Pillsbury Bagels w/ cream cheese filling
 Daily-Cereal Bowls, Cereal Bars, Yogurt, Pop Tarts

All meals meet the Whole grain requirement

This institution is an equal opportunity provider and employer