

East Greenbush Central School District

Annual Permission for Tick Removal in School Instructions for Parents/Guardians

Dear Parent/Guardian:

Ticks transmit bacteria, therefore removing ticks within 24-hours of the time they attach to the skin reduces the chance of getting Lyme disease. Although a bullseye rash is a common sign of Lyme disease, about 20 percent of infected people do not get a rash but may have symptoms such as fever, headache, and fatigue. Knowing the symptoms helps you know to get treatment early.

Your written permission will allow an RN or LPN to remove a tick from your child at school as needed during the school year. If you do not provide written permission allowing the nurse to remove a tick from your child, then if a tick is found on your child, you will be notified to pick your child up from school for tick removal.

If a tick is found on your child at school, you will be notified and informed of the tick removal process. The process may include tick removal and/or referral to your health care provider. If the nurse can safely remove the tick, you will be provided with the information about the removal and follow up care. You may or may not need to pick up your child.

Our School Medical Director has approved the process below for tick removal.

1. A fine-tipped tweezer is used to grasp the tick as close to the skin's surface as possible.
2. The tick is pulled upwards with steady, even pressure, to avoid any tick parts breaking off and being left in the skin.
3. After removing the tick, the area is cleaned with soap and water. *Source: [CDC Tick Removal Process](#)*

The tick will be taped to the notification form so you can show it to the health care provider if needed. Removal of a tick may leave a small wound, or part of the tick may be left in the skin which will eventually fall out. Be sure to notify your health care provider of the tick bite. It is important to watch your child for the following symptoms and contact your doctor if they occur.

- rash
- muscle pain
- joint pain
- chills and fever
- swollen glands
- headache or stiff neck

Parent/Guardian Permission for Tick Removal in School

I agree that the School Nurse can remove a tick from my child at any school/school sponsored activity.

Signature: _____ Date: _____