



# East Greenbush Elementary School Lunch Menu

Grades PK-5  
Myschoolbucks.com




## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

B		<b>1) Toasted cheese sandwich</b> Creamy tomato soup Silly dilly pickles Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>2) Hamburger/cheeseburger</b> Served on a warm bun Crispy French fries Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>3) Crispy popcorn chicken</b> Seasoned herb rice Marinated four bean salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>4) Favorite French bread pizza</b> Served on whole grain crust Garden tossed salad w/dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A	<b>7) Garlic pizza dunkers</b> Served with warm marinara Seasoned broccoli Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>8) Chicken patty melt on a bun</b> with American Cheese Steamed sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>9) Taco salad on tortilla chips</b> Lettuce, cheddar cheese, salsa Cheesy Refried Beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>10) Tasty chicken nuggets</b> Warm soft pretzel Steamed sweet peas Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>11) Personal pan pizza</b> Whole grain crust California mixed vegetables Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
B	<b>14) Mozzarella Sticks</b> Served with marinara sauce Marinated chickpea salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>15) Breakfast for lunch</b> French toast sticks Sausage links / Hash brown Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>16) Swishy fishy sandwich</b> Am.cheese crispy fish fillet Steamed broccoli Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>17) Crispy popcorn chicken</b> Seasoned herb rice Glazed carrot coins Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>18) Stuffed crust pizza</b> Cheese or pepperoni Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A	<b>21) Cheesy pull apart Italian bagel</b> Individually wrapped Seasoned broccoli Fresh fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>22) Yummy hot dog</b> Cowboy Baked Beans Good for you Sun Chips Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>23) Toasted cheese sandwich</b> Creamy tomato soup Silly dilly pickles Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<div data-bbox="1283 924 1654 1084" data-label="Text"> <p><b>K-5 Half Day Parent Conferences</b> Breakfast will be served</p> </div> <div data-bbox="1654 924 2028 1084" data-label="Text"> <p><b>K-12 Half Day Professional Development</b> Breakfast will be served</p> </div>	
B	<b>28) Meatball marinara</b> Served with warm garlic roll Seasoned green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>29) Pizza crunchers</b> Filled with cheese & sauce Garden tossed salad w/dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>30) Hamburger/cheeseburger</b> Served on a warm bun BBQ baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<b>31) Golden chicken nuggets</b> Warm soft pretzel Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	<div data-bbox="1654 1084 2028 1245" data-label="Text"> <p>Daily Alternative Lunch            Fresh salad with choice of            topping, breadstick and dressing            OR            M -Tuna Salad Sandwich            T -Turkey with Lettuce Sandwich            W - Bologna &amp; Cheese Sandwich            Th -PB&amp;J Uncrustable            F-Ham &amp; Cheese Sandwich            Includes: Vegetable, fruit &amp; milk</p> </div>

### Breakfast and Lunch Prices

At this time meals are free  
 Sponsored by the USDA  
 Breakfast Price - \$1.75 daily  
 Lunch Price - \$3.00 daily  
 Reduced Price Breakfast - Free  
 Reduced Price Lunch - Free

### Snack Prices

Assorted Yogurt - \$1.50  
 Chips - \$1.00  
 Cookie - \$.60  
 Ice Cream - \$1.00  
 Juice Cup - \$.60  
 Bottled Water - \$.75

### Grab N Go Breakfast



**All meals include fresh fruit, 100% juice, low fat or fat free milk.**

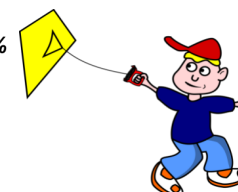
**Warm Whole Grain Bagel**

**Muffin (blueberry or apple cinn.)**

**Waffles (maple or blueberry)**

**Pillsbury Bagels w/ cream cheese filling**

**Daily-Cereal Bowls, Cereal Bars, Yogurt, Pop Tarts**



Menu Subject to Change

**A la carte fruit or veggies \$.80; A la carte Milk \$.60**

*This institution is an equal opportunity provider and employer*

All Meals meet the Whole Grain Requirement