



# East Greenbush Elementary School Lunch Menu

## May 2022



Grades PK-5  
MySchoolBucks.com

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

|   |   |   |   |   |   |  |
|---|---|---|---|---|---|--|
| B | <b>2) Yummy pizza dunkers (2)</b><br>Served with marinara sauce<br>Garden salad<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk              | <b>3) Tasty hot dog</b><br>Served on a whole grain bun<br>Seasoned fries<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk                       | <b>4) Crispy fish Sticks</b><br>Served with dipping sauce<br>Sunny carrot coins<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk  | <b>5) Golden chicken nuggets</b><br>Vegetable pasta salad<br>Seasoned mixed vegetables<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk | <b>6) French bread pizza</b><br>Served on whole grain crust<br>Four bean salad<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk   |  |
| A | <b>9) Mozzarella sticks</b><br>Served with marinara sauce<br>Bush's baked beans<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk              | <b>10) Breakfast for lunch</b><br>French toast sticks<br>Sausage links / hash brown<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk            | <b>11) Hamburger or cheeseburger</b><br>Served on whole grain bun<br>Seasoned fries<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk  | <b>12) Crispy popcorn chicken</b><br>Warm soft pretzel<br>Steamed brocolli<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk             | <b>13) Personal pan pizza</b><br>Pepperoni or cheese<br>California mixed vegetables<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk  |  |
| B | <b>16) Cheesy pull apart Italian bagel</b><br>Individually wrapped<br>Italian green beans<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk    | <b>17) Crispy chicken sandwich</b><br>Served on a whole grain bun<br>Good for you garden salad<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk | <b>18) Taco Salad</b><br>Lettuce, cheese, tortilla chips<br>Cheesy refried beans/salsa<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk   | <b>19) Golden chicken nuggets</b><br>Garlic and oil pasta<br>Glazed carrots<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk            | <b>20) Fun corndog on a stick</b><br>Wrapped in warm corn bread<br>Happy smiley fries<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk  |  |
| A | <b>23) Golden pizza crunchers</b><br>Filled with cheese & sauce<br>Seasoned brocolli florets<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk | <b>24) Tony's breakfast pizza</b><br>With sausage and egg<br>Crispy hash brown<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk                 | <b>25) Hamburger or cheeseburger</b><br>Served on whole grain bun<br>Baked beans / sun chips<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk   | <b>26) Crispy popcorn chicken</b><br>Herb rice and gravy<br>Sunny sweet corn<br>Fresh Fruit/Light Fruit Cup<br>Low Fat or Fat Free Milk           | <b>27) No School</b>  |  |
| B | <b>30) No School Memorial Day</b>   | <b>31) No School</b>  | <div style="border: 2px solid black; padding: 5px;"> <p style="text-align: center;"><b>Daily Alternative Lunch</b></p> <p style="text-align: center;">Fresh salad with choice of topping, breadstick and dressing<br/>OR<br/>           Monday -Tuna Salad Sandwich<br/>           Tuesday -Turkey with Lettuce Sandwich<br/>           Wednesday - Bologna &amp; Cheese Sandwich<br/>           Thursday -PB&amp;J Uncrustable<br/>           Friday-Ham &amp; Cheese Sandwich<br/>           Includes: Vegetable, fruit &amp; milk</p> </div> |   | <div style="border: 2px solid black; padding: 5px;"> <p style="text-align: center;"><b>Grab N Go Breakfast</b></p> <p style="text-align: center;"><i>All meals include fresh fruit, 100% juice, low fat or fat free milk, A variety of items</i></p> <p style="text-align: center;">Mini Pancakes (maple or strawberry)<br/>           Warm Whole Grain Bagel<br/>           Muffin (blueberry or apple cinn.)<br/>           Waffles (maple or blueberry)<br/>           Pillsbury Bagels w/ cream cheese filling<br/>           Cereal Bowls, Cereal Bars, Yogurt, Pop Tarts</p> </div> |  |

#### Breakfast and Lunch Prices

At this time meals are free  
 Sponsored by the USDA  
 Breakfast Price - \$1.75 daily  
 Lunch Price - \$3.00 daily  
 Reduced Price Breakfast - Free  
 Reduced Price Lunch - Free

#### Snack Prices

Assorted Yogurt - \$1.50  
 Chips - \$1.00  
 Cookie - \$.60  
 Ice Cream - \$1.00  
 Juice Cup - \$.60  
 Bottled Water - \$.75

**A la carte Fruit or veggies \$.80**

**A la carte Milk \$.60**

All meals meet the Whole grain requirement

Menu Subject to Change

*This institution is an equal opportunity provider and employer*

