



EGCSD Breakfast Menu PK-8



June 2022

Monday

Tuesday

Wednesday

Thursday

Friday

B			1) Assorted Cereal Bowls 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	2) Delicious Frudel Apple or cherry danish 100% Juice cup Fresh fruit or Light Fruit Cup Low Fat or Fat Free Milk	3) Whole grain muffin 1 oz cheese stick 100% juice cup Fresh fruit or light fruit cup Low Fat or Fat Free Milk
A	6) Cereal bar 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	7) Delicious Frudel Apple or cherry danish 100% Juice cup Fresh fruit or Light Fruit Cup Low Fat or Fat Free Milk	8) Whole grain Poptart 1 oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	9) Pillsbury mini waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	10) Lenders bagel 1 oz. cream cheese Fresh Fruit, fruit cup or juice Low Fat or Fat Free Milk K-8 Early Dismissal
B	13) Whole grain muffin 1 oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	14) Apple or choc. chip bar Soft and tasty 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	15) Cereal bar 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	16) Lender's bagel 1 oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	17) Whole grain Poptart 1 oz. cheese stick Fresh Fruit, fruit cup or juice Low Fat or Fat Free Milk K-8 Early Dismissal
A	20) No School	21) Lender's bagel 1 oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	22) Pillsbury pull apart bagel Cream cheese filling 100% Juice cup Fresh fruit or Light Fruit Cup Low Fat or Fat Free Milk	23) Apple or choc. chip bar Soft and tasty 100% juice cup Fresh fruit or light fruit cup Low Fat or Fat Free Milk	24) Assorted cereal bowls 1 oz. cheese stick Fresh Fruit, fruit cup or juice Low Fat or Fat Free Milk K-8 Early Dismissal
	27) No School Superintendent's Conference Day	28)	29)	30)	

Breakfast and Lunch Prices

At this time meals are free
 Sponsored by the USDA
 Breakfast Price - \$1.75 daily
 Lunch Price - \$3.00 daily
 Reduced Price Breakfast - Free
 Reduced Price Lunch - Free

All meals meet the Whole grain requirement



All meals include fresh fruit, 100% juice, low fat or fat free milk

This institution is an equal opportunity provider and employer
 All to go meals are packaged with heating and refrigeration instructions
 Menu Subject to Change