

Waiver and Release

I, _____ state that my son/daughter is physically fit to participate in strenuous athletic activity, and know of no medical reason prohibiting my child from participating at this basketball camp. I waive OOS&AHh's, its officers and employees of any and all responsibility for injury or illness. I hereby authorize the director of OOS&AHh's to act for me according to their best judgment in case of any such medical emergency and must provide proof of medical and accident insurance.

Childs Name _____ DOB _____
Address _____
City _____ State _____ Zip _____
Grade _____ Sex _____ Age _____
Home Phone () _____
Work Phone () _____
Emergency Contact 1 _____
Emergency Contact 2 _____
Name of Family Doctor _____
Allergies/Medications _____
Insurance Co. Name _____
Insurance Co. Policy # _____
Insurance Co. Group # _____

Parent/Legal Guardian Signature _____ Date _____

Daily Schedule

- 8:30-8:45 Open Gym
8:45-9:00 Stretch & Warm up
9:00-9:15 Instructional
Lecture & Preview
- 9:15-11:00 Skills Development
agility, ball handling
shooting, defense,
rebounding, post and
perimeter transition
- 11:00-12:00 Full Court Games &
Situational Strategies
- 12:00-12:30 Camp competition and
games, free throws,
2-ball, 3-Pt., knockout
- 12:30-1:00 Lunch



2022

Boys Ages 12 - 18

- Session 1 July 25-29
- Session 2 Aug. 1-5

*On the Campus of:
Albany College of Pharmacy
106 New Scotland Ave.
Albany, NY 12208
8:30 am – 1:00 pm*



Personalized Instruction
20 Campers Per Session
Improve Your
Knowledge & Skills



Shay Harrison Ph. D
Camp Coach & Assistant Director

An outstanding student-athlete from local Columbia High School in East Greenbush, NY, Dr. Harrison was named to the All-Suburban Council and **Channel 13 All-Star** Basketball teams in 1990. He played two years at Rice University, went on to pursue his doctorate at the University of Connecticut and currently serves as Varsity Assistant Coach for the Columbia Boy's Varsity Basketball team.

Camp Director/ Coach

A local standout, student of the game for 35 years, and current Junior Varsity Boys Basketball coach at Columbia High School in East Greenbush, NY. Coach Sankey has provided basketball instructional tips for many youth, high school and college players that has helped make their experience rewarding. *OOS&AHh's* is already in it's 9th year of existence and attracting the attention of many athletes who want to develop their skills.

NYS Certified Physical Education Teacher with Concentrations in Sports Medicine and Sports Management, Coach Sankey continues to educate himself on the game of basketball by attending numerous clinics to refine his own teaching skills. He also speaks, works and coaches at various camps in and outside of our area.

Competing at the college level and later with The USDBL All-Stars, he knows what it takes for athletes to succeed. He *notes* those players who are in top physical condition and ready to work will benefit the most from attending *OOS&AHh's* Skills and Drills Camp.

Camp Disciplines

- * **Conditioning & Nutrition w/ Kendra Kelly**
- * **Fundamental Passing**
- * **Ball Handling**
- * **Footwork & Agility**
- * **Rebounding**
- * **Reading Defenses**
- * **Pressure Defense**
- * **Transition Defense**

- * **Game Situational Strategies**
- * **Defensive Fundamentals**
- * **Shooting Fundamentals**
- * **Triple Threat**
- * **Shooting off the Dribble**
- * **Catch Facing Shooting**
- * **Free Throw Shooting**

Contest Friday

Practice, Practice, Practice

Registration Form

Name _____

Address _____

City _____ State ____ Zip _____

Home Phone # _____ - _____

Work Phone # _____ - _____

Cost: \$260

Checks Payable to: **Curtis L. Sankey**
Mail Payment and application to:
Curtis L. Sankey
403C Worthington Terrace
Wynantskill, NY 12198

Phone #518-229-2101