



# K-5 WEEKLY ALTERNATE MEAL OPTIONS 2022-2023

## Sandwich of the Day

Monday: Turkey & Cheese on Whole Grain Bread

Tuesday: Tuna on Whole Grain Bread

Wednesday: Ham & Cheese on Whole Grain Bread

Thursday: Bologna & Cheese on Whole Grain Bread

Friday: Smucker's Uncrustable offered with  
Goldfish Crackers & String Cheese

## Available Daily

Smucker's Uncrustable offered with  
Goldfish Crackers & String Cheese

Whole Grain Muffin & Yogurt Meal offered with  
Goldfish Crackers & String Cheese

Fresh Garden Salad with Choice of Topping  
(Turkey, Ham or Cheese) with Whole Grain Rolls

**All meals include Fruit, Daily Vegetable, and Milk**