



TRYOUTS :: Fall 2022

When: Skills Evaluation Day 1: Monday, August 22nd, 9 am - 12 pm.
Skills Evaluation Day 2: Tuesday, August 23rd, 9 am - 12 pm.
Final Evaluation Day 3: Wednesday, August 24th, begins at 9 am.

Team placements will be made at the conclusion of Day 3

Where: Columbia High School Wrestling Gym (*Tentative*)

Attire: Black T-shirt, black shorts, cheerleading sneakers or other comfortable athletic shoes, hair pulled back out of face in a high ponytail, short unpolished fingernails, and *absolutely no jewelry*. There is a judging category on appearance; thus, please dress accordingly.

PLEASE BRING: a completed [Cheerleading Information Sheet](#), your own water bottle, hand sanitizer and a healthy snack.

Eligibility: ALL ATHLETES MUST BE CLEARED BY THE HEALTH OFFICE TO PARTICIPATE!!

- ★ Have an up to date physical on file in the nurse's office. Please sign up online using FamilyID before tryouts. A current physical is mandatory to have in order to tryout for a team. *No physical will result in no participation* until the school nurse notifies one of the coaches in writing.
- ★ *MALES* must submit Mixed Competition paperwork.
- ★ All 7th and 8th graders must have completed APP in order to be eligible to tryout.

ANY PROSPECTIVE OR ACTING MEMBER OF THE COLUMBIA CHEERLEADING PROGRAM MUST COMPLY WITH ALL COVID PROTOCOLS SET FORTH BY EGCS D AND THE COLUMBIA CHEERLEADING PROGRAM, AS UPDATED. Any athlete unable to comply with such protocols will be removed from the program.

Preparing for Tryouts: Cheerleading is a sport that requires endurance, stamina, strength and flexibility. In order to prepare for tryouts, athletes must stretch and condition during the off season. Feel free to check out our *YouTube* channel for sport specific workouts.

Review Fall 2022 Tryout Material on our *YouTube* channel, DevilNation Cheer, before August 22nd!
Material will be posted no later than August 20th.

If you have any questions, comments, or concerns please don't hesitate to email:

DevilNationCheer@gmail.com

Schedule :: Fall 2022

Practices: Practices will be held Monday - Friday at Green Meadow Elementary School, unless otherwise noted.

Varsity :: M-F 5:30 pm – 8:00 pm

JV :: M-F 5:30 pm – 8:00 pm

Cheerleaders are expected to attend every practice for the entire time. Rides will need to be arranged to and from practice; please let us know if you would like us to assist in facilitating

If a cheerleader is unable to attend a scheduled practice, game, competition or other event, ALL COACHES MUST BE NOTIFIED IN WRITING (via E-mail or group text) as soon as possible. Cheerleaders may not be eligible to participate on the competitive/performance team if they miss more than five unexcused practices, games and/or competitions.

Games: Football Games are usually held on Friday nights for Varsity and Saturday morning for JV. JV games usually begin at 10 am and Varsity usually begins at 7 pm. A finalized game schedule will be provided as soon as it is available

Game Day Competitions: There may be more Game Day competitions/showoffs locally for Varsity - as soon as we have those dates we will provide them

Important Dates :: Fall 2022

(ALL ARE TENTATIVE AT THIS TIME, unless otherwise notated)

AUGUST

August 14-17 :: Cheer Camp (Confirmed)

August 22-24 :: Tryouts (Confirmed)

August 29 :: Meet the Coaches Night & Chicken BBQ - 7 pm

OCTOBER

October 7 :: Pep Rally

October 16 :: Making Strides Walk - Washington Park (Confirmed)

October 21 :: Senior Night

October 23 :: Troy Flying Horses Game Day Showcase (Varsity ONLY)

October 29 :: Game Day Regionals - Arlington High School (Varsity ONLY)

COLUMBIA FOOTBALL VARSITY SCHEDULE 2022

Friday 9/9 :: 7 pm :: Home vs. Bethlehem

Friday 9/16 :: 7 pm :: @ Ballston Spa

Friday 9/23 :: 7 pm :: Home vs. Averill Park

Friday 9/30 :: 7 pm :: @ Amsterdam

Friday 10/7 :: 7 pm :: Home vs. Albany - Homecoming

Friday 10/14 :: 7 pm :: @ LaSalle

Friday 10/21 :: 7 pm :: Home vs. Mohon - Senior Night

****There will be at least 2 more Playoff/Crossover Games - Place & Time TBD****

COLUMBIA FOOTBALL JUNIOR VARSITY SCHEDULE 2022

Saturday 9/10 :: 10 am :: @ Bethlehem

Thursday 9/15 :: 6:30 pm :: Home vs. Ballston Spa

Saturday 9/24 :: 10 am :: @ Averill Park

Saturday 10/1 :: 10 am :: Home vs. Amsterdam

Saturday 10/8 :: 10 am :: @ Albany

Saturday 10/15 :: 10 am :: Home vs. LaSalle

Saturday 10/22 :: 10 am :: @ Mohon

Saturday 10/29 :: 10 am :: Home vs. Troy

****There will be 2 more Crossover Games - Place & Time TBD****