

# Columbia Breakfast Menu

INCLUDES: MILK, FRUIT, JUICE  
ALL SELECTIONS SERVED DAILY - \$2.25



## Breakfast Sandwiches

### Egg & Cheese Sandwich

Served on Whole Grain English Muffin  
Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

### Sausage, Egg & Cheese Sandwich

Served on Whole Grain Pretzel Roll  
Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

### Bacon, Egg & Cheese Sandwich

Served on Whole Grain Pretzel Roll  
Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

## Other Goodness

### Sweet French Toast Sticks (4)

Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

### 'Good for You' Yogurt Breakfast

Served with a Granola bar  
Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

## Grains & Things

### Whole Grain Muffin

Apple Cinnamon, Banana or Blueberry  
Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

### Assorted Cereal Bowls

Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

### Bagel or English Muffin

Served with Cream cheese  
Fresh Fruit / Light Fruit Cup  
Low Fat or Fat Free Milk

## A la Carte Items

Bagel only	\$.85
Cream Cheese	\$.75
English Muffin	\$.85
Milk	\$.60
Juice	\$.60
Coffee	\$1.50
Hot Chocolate	\$1.25
Fruit	\$.80



East Greenbush Central School District  
Food Services Department  
518-207-2474

Menu subject to change

*All meals meet the Whole Grain requirements*

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER