

SEPTEMBER 2022

East Greenbush CSD
Pre-K @ Early Childhood Education Center

Monday

Tuesday

Wednesday

Thursday

Friday



No School

No School

**Labor Day
No School**

**Professional Development
Day
No School**

Bagel with Cream Cheese
Fresh Fruit or Fruit Cup
1% White Milk

Whole Grain Muffin
Fresh Fruit or Fruit Cup
1% White Milk

Rice Krispies Cereal Bowl
100% Juice
1% White Milk

Whole Grain Donut
Fresh Fruit or Fruit Cup
1% White Milk

Mini Strawberry Bagels
Fresh Fruit or Fruit Cup
1% White Milk

Giant Goldfish Grahams
Fresh Fruit or Fruit Cup
1% White Milk

Low Fat Yogurt
Fresh Fruit or Fruit Cup
1% White Milk

Cheerios Cereal Bowl
100% Juice
1% White Milk

Pillsbury Mini Waffles
Fresh Fruit or Fruit Cup
1% White Milk

Bagel with Cream Cheese
Fresh Fruit or Fruit Cup
1% White Milk

Whole Grain Muffin
Fresh Fruit or Fruit Cup
1% White Milk

Whole Grain Donut
Fresh Fruit or Fruit Cup
1% White Milk

Chex Cereal Bowl
100% Juice
% White Milk

Mini Strawberry Bagels
Fresh Fruit or Fruit Cup
1% White Milk

Giant Goldfish Graham
Fresh Fruit or Fruit Cup
1% White Milk

Low Fat Yogurt
Fresh Fruit or Fruit Cup
1% White Milk

Mini Pancakes
Fresh Fruit or Fruit Cup
1% White Milk

Corn Flakes Cereal Bowl
100% Juice
1% White Milk