

# SEPTEMBER 2022

East Greenbush CSD  
Pre-K @ Early Childhood Education Center

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**No School**
**No School**
**Labor Day  
No School**
**Professional Development  
Day  
No School**

 Meatballs with Sauce  
Whole Grain Dinner Roll  
Mixed Vegetables  
Fresh Fruit or Fruit Cup  
1% White Milk

 Smucker's Uncrustable  
Goldfish Crackers  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

 ½ French Bread Pizza  
Steamed Broccoli  
Fresh Fruit or Fruit Cup  
1% White Milk

 Crispy Mozzarella Sticks  
Marinara Sauce Cup  
Green Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

 ½ Turkey & Cheese  
on Whole Grain Bread  
Cucumber Wheels  
Fresh Fruit or Fruit Cup  
1% White Milk

 ½ Toasted Cheese  
on Whole Grain Bread  
Celery Sticks  
Fresh Fruit or Fruit Cup  
1% White Milk

 Smucker's Uncrustable  
Goldfish Crackers  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

 Stuffed Crust Pizza  
Steamed Broccoli  
Fresh Fruit or Fruit Cup  
1% White Milk

 Crispy Fish Sticks  
Carrot Coins  
Fresh Fruit or Fruit Cup  
1% White Milk

 ½ Turkey & Cheese  
on Whole Grain Bread  
Fresh Pepper Sticks  
Fresh Fruit or Fruit Cup  
1% White Milk

 French Toast Sticks  
Smiley Fries  
Fresh Fruit or Fruit Cup  
1% White Milk

 Smucker's Uncrustable  
Goldfish Crackers  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

 Pizza Dunker Stick  
Green Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

 Smucker's Uncrustable  
Goldfish Crackers  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

 ½ Turkey & Cheese  
on Whole Grain Bread  
Cucumber Wheels  
Fresh Fruit or Fruit Cup  
1% White Milk

 ½ Cheeseburger  
on a Whole Grain Bun  
French Fries  
Fresh Fruit or Fruit Cup  
1% White Milk

 Popcorn Chicken  
Sweet Carrot Coins  
Fresh Fruit or Fruit Cup  
1% White Milk

 Cheesy Pull Apart Bread  
Celery Sticks  
Fresh Fruit or Fruit Cup  
1% White Milk