

NOVEMBER 2022

Columbia High School

Monday	Tuesday	Wednesday	Thursday	Friday
	Hamburger or Cheeseburge on a Whole Wheat Bun BBQ Baked Beans Seasoned Carrot Coins Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Pizza Crunchers Italian Seasoned Green Beans Sliced Cucumbers Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Homemade Chili Whole Grain Biscuit Garden Salad Golden Corn Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Homemade Pizza Cheese or Pepperoni Chickpea Salad Baby Carrots with Ranch Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk
Hot Dog on a Whole Wheat Bun Seasoned Potato Wedges Baby Carrots Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Taco Salad w/Tortilla Chips Lettuce, Cheese, Salsa Cheesy Refried Beans Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Chicken Nuggets Vegetable Herb Rice Seasoned Mixed Vegetables Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Pizza Dunker Sticks with Marinara Sauce Steamed Broccoli Florets Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Veterans Day No School
Crispy Fish Sandwich with American Cheese Sweet Potato Fries Homemade Cole Slaw Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Toasted Cheese Sandwich Homemade Chicken Soup Garden Salad Baby Carrots Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Meatball Sub on a Whole Wheat Bun Seasoned Green Beans Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Popcorn Chicken Bowl Mashed Potatoes, Corn & Gravy Mini Cornbread Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	K-12 ½ Day Professional Development No Lunch Served
Crispy Chicken Patty on Whole Wheat Bun Seasoned French Fries BBQ Baked Beans Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Stuffed Crust Pizza Garlic Roasted Cauliflower Fresh Veggies with Ranch Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Thanksgiving Recess No School	Thanksgiving Recess No School Happy Thanksgiving!	Thanksgiving Recess No School
Breaded Mozzarella Sticks with Marinara Sauce Steamed Broccoli Florets Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Chicken Nuggets Whole Grain Dinner Roll Mashed Potatoes Golden Corn Fresh Fruit or Fruit Cup Low Fat or Fat Free milk	Sloppy Joe Sandwich on a Whole Wheat Bun Sweet Potato Fries Fresh Fruit or Fruit Cup Low Fat or Fat Free milk		

This institution is an equal opportunity provider and employer Menu is subject to change without notice.

