

Monday
Tuesday
Wednesday
Thursday
Friday

1
Crispy Fish Sticks
Oven Baked French Fries
Homemade Coleslaw
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

2
Pasta with Meat Sauce
Whole Grain Dinner Roll
Italian Seasoned Green Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

3
Crispy Chicken Patty on a
Whole Wheat Bun
BBQ Baked Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

4
Homemade Pizza
Cheese or Pepperoni
Garden Salad with Lite Dressing
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

7
Pizza Dunker Sticks
with Marinara Sauce
Seasoned Mixed Vegetables
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

8
Taco Salad with
Tortilla Chips
Lettuce, Cheese, Salsa
Confetti Corn Salad
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

9
French Toast Sticks
Turkey Sausage Links
Maple Glazed Carrots
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

10
Popcorn Chicken
Mashed Potatoes & Gravy
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

11
Veterans Day
No School

14
Hot Dog on a
Whole Wheat Bun
BBQ Baked Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

15
Crispy Chicken with
Sauce & Mozzarella Cheese
Rotini with Garlic and Oil
Italian Seasoned Green Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

16
Cheeseburger/Hamburger
on a Whole Wheat Bun
Roasted Red Potatoes
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

17
Chicken Nuggets
Warm Soft Pretzel
Baby Carrots
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

18
K-12 ½ Day
Professional Development
No Lunch Served

21
Whole Grain Mac & Cheese
Oven Baked Biscuit
Steamed Green Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

22
Stuffed Crust Pizza
Garlic Roasted Cauliflower
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

23
Thanksgiving Recess
No School

24
Thanksgiving Recess
No School

25
Thanksgiving Recess
No School

Happy Thanksgiving!

28
Mozzarella Sticks with
Marinara Sauce
Steamed Broccoli
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

29
Toasted Cheese Sandwich
Homemade Chicken Soup
Baby Carrots
Fresh Fruit or Fruit Cup
Low Fat or Fat Free milk

30
Sloppy Joe Sandwich on a
Whole Wheat Bun
Sweet Potato Fries
Fresh Fruit or Fruit Cup
Low Fat or Fat Free milk



This institution is an equal opportunity provider and employer.
Menu is subject to change without notice.