

DECEMBER 2022

Columbia High School



Monday 🤎	Tuesday	Wednesday	Thursday	Friday
	* 7	*************************************	Golden Corn Dog BBQ Baked Beans Homemade Coleslaw Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	French Bread Pizza Cheese or Pepperoni Fresh Garden Salad Baby Carrots Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk
BBQ Rib Patty Sandwich Served on a Wheat Bun Sweet Potato Fries Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Garlic Cheese Dunkers Served with Marinara Sauce Buffalo Roasted Cauliflower Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Sweet & Sour Popcorn Chicken Vegetable Fried Rice Steamed Broccoli Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Marinated Meatball Sub Served on a Hoagie Roll Garlic Mashed Potatoes Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Cheesy Personal Pan Pizza Fresh Garden Salad Marinated Chickpea Salad Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk
Chicken Parm Sandwich Served on a Wheat Bun Italian Seasoned Green Beans Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Macaroni & Cheese Served with a Dinner Roll Roasted Broccoli Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Taco Salad with Tostitos Lettuce, Cheddar & Salsa Seasoned Black Beans Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Breaded Fish Sandwich Served on a Wheat Bun Homemade Coleslaw Crispy Tater Tots Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Homemade Pizza Cheese or Pepperoni Fresh Garden Salad Baby Carrots Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk
All-Beef Hot Dog Served on a Wheat Bun Seasoned French Fries BBQ Baked Beans Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Baked Ziti with Meat Sauce Served with a Dinner Roll Fresh Garden Salad Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Toasted Cheese Sandwich Campbell's Tomato Soup Cucumber Salad Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Chicken Nuggets Herbed Rice Seasoned Carrot Coins Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk	Stuffed Crust Pizza Steamed Broccoli Florets Fresh Fruit or Fruit Cup Low Fat or Fat Free Milk
Holiday Recess No School	Holiday Recess No School	Holiday Recess No School	Holiday Recess No School	Holiday Recess No School



