

DECEMBER 2022

East Greenbush CSD Pre-K @ ECEC

Monday

Tuesday

Wednesday

Thursday

Friday



5
Whole Grain Corn Dog
BBQ Baked Beans
Fresh Fruit or Fruit Cup
1% White Milk

6
½ Turkey & Cheese
on Whole Grain Bread
Cucumber Wheels
Fresh Fruit or Fruit Cup
1% White Milk

7
Chicken Nuggets
Whole Grain Dinner Roll
Confetti Corn Salad
Fresh Fruit or Fruit Cup
1% White Milk

1
Smucker's Uncrustable
Goldfish Crackers
Cucumber Wheels
Fresh Fruit or Fruit Cup
1% White Milk

2
Personal Pan Pizza
Baby Carrots
Fresh Fruit or Fruit Cup
1% White Milk

12
Fish Sticks
Mashed Potatoes
Seasoned Carrot Coins
Fresh Fruit or Fruit Cup
1% White Milk

13
½ Turkey & Cheese
on Whole Grain Bread
Cucumber Wheels
Fresh Fruit or Fruit Cup
1% White Milk

14
Pasta with Meat Sauce
Whole Grain Dinner Roll
Seasoned Green Beans
Fresh Fruit or Fruit Cup
1% White Milk

15
Smucker's Uncrustable
Goldfish Crackers
Celery Sticks
Fresh Fruit or Fruit Cup
1% White Milk

16
Pizza Dunker Sticks
with Marinara Sauce
Baby Carrots
Fresh Fruit or Fruit Cup
1% White Milk

19
Whole Grain Mac & Cheese
Fresh Broccoli Florets
Fresh Fruit or Fruit Cup
1% White Milk

20
½ Turkey & Cheese
on Whole Grain Bread
Cucumber Wheels
Fresh Fruit or Fruit Cup
1% White Milk

21
Toasted Cheese Croissant
Campbell's Tomato Soup
Grape Tomatoes
Fresh Fruit or Fruit Cup
1% White Milk

22
Smucker's Uncrustable
Goldfish Crackers
Baby Carrots
Fresh Fruit or Fruit Cup
1% White Milk

23
**Holiday Recess
No School**

26
**Holiday Recess
No School**

27
**Holiday Recess
No School**

28
**Holiday Recess
No School**

29
**Holiday Recess
No School**

30
**Holiday Recess
No School**