

# JANUARY 2023

East Greenbush CSD Pre-K  
DPS, Red Mill, & Genet

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <b>Holiday Recess</b> <b>No School</b>	<b>3</b> Crispy Pizza Crunchers Italian Seasoned Green Beans Fresh Fruit or Fruit Cup 1% White Milk	<b>4</b> Fish Filet on a Whole Wheat Bun Homemade Coleslaw Potato Wedges Fresh Fruit or Fruit Cup 1% White Milk	<b>5</b> Popcorn Chicken Herbed Rice Steamed Broccoli Florets Fresh Fruit or Fruit Cup 1% White Milk	<b>6</b> Cheese Calzone Baby Carrots with Hummus Fresh Fruit or Fruit Cup 1% White Milk
<b>9</b> Hot Dog on a Whole Wheat Bun Smiley Fries Fresh Fruit or Fruit Cup 1% White Milk	<b>10</b> French Toast Sticks with Warm Cinnamon Applesauce Turkey Sausage Links Maple Glazed Carrots 1% White Milk	<b>11</b> Homemade Chili Mini Cornbread Loaf Cucumber Wheels Fresh Fruit or Fruit Cup 1% White Milk	<b>12</b> <b>No School</b>	<b>13</b> French Bread Pizza Fresh Garden Salad Fresh Fruit or Fruit Cup 1% White Milk
<b>16</b> <b>Martin Luther King, Jr. Day</b> <b>No School</b>	<b>17</b> Mozzarella Sticks with Marinara Sauce Pasta with Garlic & Oil Steamed Broccoli Fresh Fruit or Fruit Cup 1% White Milk	<b>18</b> Taco Salad with Tortilla Chips Lettuce, Cheese & Salsa Golden Corn Fresh Fruit or Fruit Cup 1% White Milk	<b>19</b> Chicken Nuggets Whole Grain Dinner Roll Seasoned Carrot Coins Fresh Fruit or Fruit Cup 1% White Milk	<b>20</b> Stuffed Crust Pizza Italian Seasoned Green Beans Fresh Fruit or Fruit Cup 1% White Milk
<b>23</b> Toasted Cheese Sandwich Campbell's Tomato Soup Baby Carrots Fresh Fruit or Fruit Cup 1% White Milk	<b>24</b> Pancakes with Syrup Turkey Sausage Links Cinnamon Roasted Chickpeas Fresh Fruit or Fruit Cup 1% White Milk	<b>25</b> Sloppy Joe on a Whole Wheat Bun Crispy Tater Tots Fresh Fruit or Fruit Cup 1% White Milk	<b>26</b> Chicken Tenders Whole Grain Biscuit Steamed Green Beans Fresh Fruit or Fruit Cup 1% White Milk	<b>27</b> Personal Pan Pizza Fresh Broccoli Florets w/Ranch Fresh Fruit or Fruit Cup 1% White Milk
<b>30</b> Hamburger/Cheeseburger on a Whole Wheat Bun Sweet Potato Fries Fresh Fruit or Fruit Cup 1% White Milk	<b>31</b> Meatballs & Marinara Sauce Cheesy Breadstick Fresh Garden Salad Fresh Fruit or Fruit Cup 1% White Milk			

This institution is an equal opportunity provider and employer.  
Menu is subject to change without notice.