



# FEBRUARY 2023

East Greenbush CSD Pre-K @ ECEC

Monday



Chicken Nuggets  
Green Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

6

Tuesday



½ Turkey & Cheese on  
Whole Grain Bread  
Celery Sticks  
Fresh Fruit or Fruit Cup  
1% White Milk

7

Wednesday

Whole Grain Corn Dog  
BBQ Baked Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

1

Thursday

Smucker's Uncrustable  
Goldfish Crackers  
Cucumber Wheels  
Fresh Fruit or Fruit Cup  
1% White Milk

2

Friday

Personal Pan Pizza  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

3

Crispy Fish Sticks  
Mashed Potatoes  
Seasoned Carrot Coins  
Fresh Fruit or Fruit Cup  
1% White Milk

13

½ Turkey & Cheese on  
Whole Grain Bread  
Grape Tomatoes  
Fresh Fruit or Fruit Cup  
1% White Milk

14

Pasta with Meatballs  
Whole Grain Dinner Roll  
Fresh Broccoli Florets  
Fresh Fruit or Fruit Cup  
1% White Milk

15

Smucker's Uncrustable  
Goldfish Crackers  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

16

Pizza Dunker Sticks  
Steamed Green Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

17

Presidents' Day  
No School

20

Winter Recess  
No School

21

Winter Recess  
No School

22

Winter Recess  
No School

23

Winter Recess  
No School

24

Chicken Sandwich on a  
Whole Wheat Bun  
Golden Corn  
Fresh Fruit or Fruit Cup  
1% White Milk

27

½ Turkey & Cheese on  
Whole Grain Bread  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

28

