



Grades K-5: \$3.00, Milk \$.60

FEBRUARY 2023

East Greenbush Elementary Schools

Monday



Pizza Crunchers
Fresh Garden Salad
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

6

Crispy Fish Sticks
Mashed Potatoes
Seasoned Carrot Coins
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

13

Presidents' Day
No School

20

Cheese & Chicken
Quesadilla with Salsa
Black Beans & Golden Corn
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

27

Tuesday



French Toast Sticks with
Warm Cinnamon Applesauce
Turkey Sausage Links
Maple Glazed Carrots
Low Fat or Fat Free Milk

7

Pasta with Meatballs
Whole Grain Dinner Roll
Fresh Broccoli Florets
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

14

Winter Recess
No School

21

Macaroni & Cheese
Garlic Breadstick
Seasoned Peas & Carrots
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

28

Wednesday

Whole Grain Corn Dog
Homemade Coleslaw
BBQ Baked Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

1

Sloppy Joe on a
Whole Wheat Bun
Smiley Fries
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

8

Taco Salad with
Tortilla Chips
Lettuce, Cheese & Salsa
Cheesy Refried Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

15

Winter Recess
No School

22



Thursday

Chicken Nuggets
Mashed Potatoes
Steamed Green Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

2

Popcorn Chicken
Italian Pasta Salad
Baby Carrots
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

9

Crispy Chicken Sandwich
on a Whole Wheat Bun
Roasted Red Potatoes
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

16

Winter Recess
No School

23



Friday

Personal Pan Pizza
Baby Carrots with Ranch
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

3

French Bread Pizza
Cucumber Wheels
Chickpea Salad
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

10

Pizza Dunker Sticks
Steamed Green Beans
Fresh Fruit or Fruit Cup
Low Fat or Fat Free Milk

17

Winter Recess
No School

24



This institution is an equal opportunity provider and employer.
Menu is subject to change without notice.