

# MARCH 2023

East Greenbush CSD Pre-K  
DPS, Red Mill, & Genet

## Monday



## Tuesday

## Wednesday

## Thursday

## Friday

Hot Dog on a Whole Wheat Bun  
BBQ Baked Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

6

Mozzarella Sticks with Marinara Sauce  
Pasta with Garlic & Oil  
Cucumber Wheels  
Fresh Fruit or Fruit Cup  
1% White Milk

7

Taco Salad with Tortilla Chips  
Lettuce, Cheese & Salsa  
Golden Corn  
Fresh Fruit or Fruit Cup  
1% White Milk

8

Popcorn Chicken  
Whole Grain Soft Pretzel  
Seasoned Carrot Coins  
Fresh Fruit or Fruit Cup  
1% White Milk

9

Personal Pan Pizza  
Garden Salad  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

10

Pizza Dunker Sticks  
Marinara Sauce  
Italian Seasoned Green Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

13

French Toast Sticks  
Warm Cinnamon Applesauce  
Maple Glazed Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

14

Macaroni & Cheese  
Garlic Breadstick  
Roasted Broccoli  
Fresh Fruit or Fruit Cup  
1% White Milk

15

Chicken Patty on a Whole Wheat Bun  
Smiley Fries  
Fresh Fruit or Fruit Cup  
1% White Milk

16

**K-12 Professional Development Day  
No School**

17

Crispy Fish Sandwich on a Whole Wheat Bun with Tartar Sauce  
Roasted Potato Wedges  
Fresh Fruit or Fruit Cup  
1% White Milk

20

Meatballs & Marinara  
Cheesy Breadstick  
Garden Salad  
Fresh Fruit or Fruit Cup  
1% White Milk

21

Chicken Tenders  
Whole Grain Biscuit  
Honey Glazed Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

22

**K-5 ½ Day  
No Lunch**

23

French Bread Pizza  
Fresh Broccoli with Ranch  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

24

Toasted Cheese Croissant  
Campbell's Tomato Soup  
Seasoned Green Beans  
Fresh Fruit or Fruit Cup  
1% White Milk

27

Pancakes with Syrup  
Turkey Sausage  
Cinnamon Roasted Chickpeas  
Fresh Fruit or Fruit Cup  
1% White Milk

28

Hamburger/Cheeseburger on a Whole Wheat Bun  
Fresh Grape Tomatoes  
Fresh Fruit or Fruit Cup  
1% White Milk

29

Chicken Nuggets  
Herbed Rice  
Garden Salad  
Fresh Fruit or Fruit Cup  
1% White Milk

30

Stuffed Crust Pizza  
Roasted Cauliflower  
Baby Carrots  
Fresh Fruit or Fruit Cup  
1% White Milk

31