

# March 2023

## Columbia Boys Outdoor Track Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13 <b>PRACTICE</b> 2:30pm-4:00pm	14 <b>PRACTICE</b> 2:30pm-4:00pm	15 <b>PRACTICE</b> 2:30pm-4:00pm	16 <b>PRACTICE</b> 2:30pm-4:00pm	17 <b>NO SCHOOL</b> <b>PRACTICE TBD</b>	18
19	20 <b>PRACTICE</b> 2:30pm-4:00pm	21 <b>PRACTICE</b> 2:30pm-4:00pm	22 <b>PRACTICE</b> 2:30pm-4:00pm	23 <b>PRACTICE</b> 2:30pm-4:00pm	24 <b>PRACTICE</b> 2:30pm-4:00pm	25
26	27 <b>PRACTICE</b> 2:30pm-4:00pm  <i>Meet the Coaches Night @7pm (CHS)</i>	28 <b>PRACTICE</b> 2:30pm-4:00pm	29 <b>PRACTICE</b> 2:30pm-4:00pm	30 <b>PRACTICE</b> 2:30pm-4:00pm	31 <b>PRACTICE</b> 2:30pm-4:00pm	

# April 2023

## Columbia Boys Outdoor Track Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 FRIGID CUP @GUILDERLAND TIME TBD
2	3 PRACTICE 2:30pm-4:00pm	4 PRACTICE 2:30pm-4:00pm	5 LEAGUE MEET VS SARATOGA 4:15PM	6 PRACTICE 2:30pm-4:00pm	7 NO SCHOOL PRACTICE TBD	8
9	10 NO SCHOOL PRACTICE TBD	11 NO SCHOOL PRACTICE TBD	12 NO SCHOOL PRACTICE TBD	13 NO SCHOOL PRACTICE TBD	14 NO SCHOOL PRACTICE TBD	15
16	17 PRACTICE 2:30pm-4:00pm	18 LEAGUE MEET @ BURNT HILLS 4:30PM	19 COED LEAGUE MEET VS SCHEN. 4:15PM	20 PRACTICE 2:30pm-4:00pm	21 NISKY MEDLEY RELAYS @MOHON 4:30PM	22 NISKY WARRIOR CLASSIC @MOHON 9:15AM
23	24 PRACTICE 2:30pm-4:00pm	25 COEDLEAGUE MEET @AVERILL PARK 4:15PM	26 PRACTICE 2:30pm-4:00pm	27 PRACTICE 2:30pm-4:00pm	28 PRACTICE 2:30pm-4:00pm	29 COHOES RELAYS @COHOES HS

# May 2023

## Columbia Boys Outdoor Track Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 PRACTICE 2:30pm-4:00pm	2 PRACTICE 2:30pm-4:00pm	3 LEAGUE MEET @ BALLSTON SPA W/BURNT HILLS 4:15PM	4 PRACTICE 2:30pm-4:00pm	5 PRACTICE 2:30pm-4:00pm	6 COLONIE RELAYS @COLONIE HS 12PM
7	8 PRACTICE 2:30pm-4:00pm	9 PRACTICE 2:30pm-4:00pm	10 LEAGUE MEET @ ALBANY W/TROY 4:15PM	11 PRACTICE 2:30pm-4:00pm  LOUCKS GAMES	12 SHEN INVY @SHEN HS 4:00PM  LOUCKS GAMES	13   LOUCKS GAMES
14	15 PRACTICE 2:30pm-4:00pm	16 VARSITY SSC CHAMPIONSHIPS @ SARATOGA 4:00PM	17 PRACTICE 2:30pm-4:00pm	18 JV SSC CHAMPIONSHIPS @ TROY 4:00PM	19 PRACTICE 2:30pm-4:00pm	20 EDDY MEET @SCHENECTADY 9:00AM
21	22 PRACTICE 2:30pm-4:00pm	23 PRACTICE 2:30pm-4:00pm	24 GROUP 1 SECTIONALS @COLONIE 4:00PM	25 PRACTICE 2:30pm-4:00pm	26 NO SCHOOL PRACTICE TBD	27
28	29 NO SCHOOL PRACTICE TBD	30 PRACTICE 2:30pm-4:00pm	31 PRACTICE 2:30pm-4:00pm			

# JUNE 2023

## Columbia Boys Outdoor Track Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <b>STATE QUALS @SHEN</b>	2 <b>STATE QUALS @SHEN</b>	2
4	5 <b>PRACTICE 2:30pm-4:00pm</b>	6 <b>PRACTICE 2:30pm-4:00pm</b>	7 <b>PRACTICE 2:30pm-4:00pm</b>	8 <b>PRACTICE 2:30pm-4:00pm</b>	9 <b>STATE CHAMPS @MIDDLETOWN DAY 1</b>	10 <b>STATE CHAMPS @MIDDLETOWN DAY 2</b>
11	12 <b>PRACTICE 2:30pm-4:00pm</b>	13 <b>PRACTICE 2:30pm-4:00pm</b>	14 <b>PRACTICE 2:30pm-4:00pm</b>	15 <b>OUTDOOR NATIONALS</b>	16 <b>OUTDOOR NATIONALS</b>	17 <b>OUTDOOR NATIONALS</b>
18 <b>OUTDOOR NATIONALS</b>	19	20	21	22	23	24
25	26	27	28	29	30	