

## **Columbia Girls V and JV Lacrosse Tryouts and Practices Spring 2023**

All athletes that are trying out for JV or Varsity lacrosse will have tryouts in the same area at the same time for the first 3 days of practice - Starting Monday, March 13th @ 5:00.



<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Place</b>
3/13/2023	Monday	5:00- 7:00	CHS Turf
3/14/2023	Tuesday	5:00 - 7:00	CHS Turf
3/15/2023	Wednesday	5:00 - 7:00	CHS Turf

After these three days, our coaches will select players for each level. We will let the players know which team they are on by the end of practice on Wednesday. If necessary, cuts will also be made at this time.

After the selection has been made, Varsity and JV lacrosse may be at different times. The schedules are as follows...

<b>Varsity Practice Schedule</b>			
<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Place</b>
3/16/2023	Thursday	5:00 - 7:00	CHS Turf
3/17/2023	Friday	5:00 - 7:00	CHS Turf
3/18/2023	Saturday	9:00 - 11:00	CHS Turf

<b>JV Practice Schedule</b>			
<b>Date</b>	<b>Day</b>	<b>Time</b>	<b>Place</b>
3/16/2023	Thursday	6:30 - 8:00	CHS Turf
3/17/2023	Friday	5:00 - 7:00	CHS Turf
3/18/2023	Saturday	9:00 - 11:00	CHS Turf

**PLAN ON DRESSING FOR THE WEATHER. IT IS ALWAYS COLDER THAN YOU THINK!**

**PLACE AND TIME ARE SUBJECT TO CHANGE DUE TO THE WEATHER OR OTHER CIRCUMSTANCES. PLEASE KNOW THAT DECISIONS MAY BE MADE OUTSIDE OF OUR CONTROL THAT WILL INFLUENCE QUICK CHANGES IN THE PLAN.**

If you have any questions please direct them to Coach Lussier- [lussierbr@egcsd.org](mailto:lussierbr@egcsd.org)