

## STUDENT AGREEMENT

I have received and read the CHS Physical Education Blue Card. I understand the rules and requirements associated with my participation in Physical Education class. I understand that by signing this document I have been informed of the rules I am to follow and I agree with the terms and requirements of the Blue Card.

**Teacher: (circle one)**

Conte              Gibson  
Hosley            Hotaling  
Libardi

**Day:(circle one)**

EVEN              ODD

**Period:** \_\_\_\_\_

\_\_\_\_\_  
Student Name Printed

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent/Guardian Signature

## EGCSD MISSION STATEMENT

*K-12 Physical  
Education Program*

The East Greenbush Physical Education Program will promote the maximum physical, emotional and social growth of every child in the East Greenbush Central School District. The Physical Education curriculum will be aligned with the New York State Standards and will provide all students with a broad range of physical activities to foster healthy habits and positive decision-making skills. The Physical Education program will work with the students to deliver and instill the knowledge necessary for a lifetime of health and fitness.

### **PE CLASS OFFERINGS**

- PE912: Team & Individual Sports (Grades 9-12)
- PE120: Fit For Life Foundations (Grades 9-12)
- PE100: Personal Performance (Grades 9-12)

## East Greenbush Central School District



## Columbia High School Physical Education

*Athletic Office: 207-2080*

*Men's PE: 207-2083*

*Women's PE: 207-2086*

### **PASSING REQUIREMENTS**

- 4 full years of PE to graduate.
- ½ unit of credit is earned for each year passed successfully.
- Minimum passing standards in PE requires successful student participation at least ¾ or 15 out of 20 classes offered during a quarter.
- Missing more than 5 classes (6 or more) results in automatic failure if the classes are not made up.

### **GRADING**

- Students are allowed to make up one class per day within a 2-week period of time after an absence. All absences except for music lessons, field trips and bereavement need to be made up.

#### Grading Categories:

- Psychomotor (20%)
- Affective (20%)
- Effort (40%)
- Behavior (20%)

### **DRESS**

- All students are required to change into appropriate attire for Physical Education class. The only acceptable footwear are sneakers. For safety reasons you may not wear flip flops, sandals, boots, etc.
- Clothes must be different from those worn to school (personal hygiene).
- No jewelry that can cause injury to oneself and/or others shall be worn for class activity.
- Dress for the weather, we will be out through the month of November.

### **LOCKS & LOCKER ROOM**

- All clothes and belongings should be locked in a Physical Education locker during class.
- Students may bring in their own lock. All clothes and belongings must be removed from the locker room after class.
- Locker rooms will be locked 5 minutes after the bell sounds.
- They should refrain from bringing valuables into the locker room or make sure they are locked up securely.

### **MEDICAL LIMITATIONS**

- Students who are injured or put on a medical limitation by his/her doctor should report to the school nurse.
- Students will have to provide documentation about injury/illness to the nurse. Students will also need to have his/her doctor fill out a form stating their limitations and recommendations for activity and exercise.
- Students will receive a modified plan from their PE teacher based on his/her limitations set forth by the doctor.

### **CELL PHONE POLICY**

- Students are not to use or display any communication or headphone devices during the class period. Failure to follow this rule will result in immediate referral to the students' Principal.