

PE & HEALTH UPDATE

Seasonal Health and Physical Education Update for the EGCSd | Volume 8, Issue 1

PE & Health Staff

CHS: 207-2083(m) & 207-2086(w)

PE: Nicole Conte, Shawn Gibson,
Thomas Libardi, Chris Hosley &
Courteny Hotaling

Health:

Chris Legare & Nicole Diehl
(207-4827)

AD: Ryan Jones (207-2080)

AT: Sean Leggett (207-2084)

GOFF: (207-2450)

PE: Tyler Rose, Greg Jette, Ashley
Gansle & Deanna Davis

Health: Nora Walkley & Nicole Diehl

BELL TOP: (201-2608)

Don Marion, Noah Vice & Zach Kuhn

DPS: (207-6250)

Jamie Holtz, Jake Preston & Zach
Kuhn

GENET: (207-6512)

Kevin Leyhane, Noah Vice & Zach
Kuhn

GREEN MEADOW: (207-6345)

Chris Dedrick & Jake Preston

RED MILL: (207-2668)

Mark Welge, Curtis Sankey & Zach
Kuhn

CTAEP: (207-6512)

Zack Kuhn



Welcome Back!

Welcome back for the 2023-2024 school year! We will be sending out a bi-monthly newsletter highlighting our programs and to keep everyone up to date on district events. If you have any information or pictures that you would like to add please feel free to email Ryan Jones or Chris Hosley at jonesry@egcsd.org & hosleych@egcsd.org.

Shared EGCSd Google Drive

Please remember to add any unit, lesson or program ideas that you enjoy to the shared EGCSd Google Drive. Each PE and Health department has their own folder within the district drive.

Monthly PE Highlights

Each month we will be rotating the content of our newsletter to focus on each PE department across the district. When it is your buildings time to contribute, please email Ryan Jones or Chris Hosley your PE & Health content from your school! The content does not have to specifically be from your scheduled month and should include a small write up and pictures. Please use this as a way to showcase your physical education and health programs! The schedule will be as follows:

Columbia & Genet: Fall (submit by October 20th)

Bell Top, Red Mill & DPS: Winter (Submit by January 12th)

Goff & Green Meadow: Spring (Submit by March 31st)

Upcoming Events

9/25: Yom Kippur (No School)
 10/8: Homecoming Football Game
 10/7: Homecoming Dance
 10/9: Columbus Day (No School)
 11/1: K-12 Full Day PD Day
 11/10: Veterans Day (No School)
 11/22-11/26: Thanksgiving Recess
 12/25-1/1: Holiday Recess

2023-2024 Winter and Spring Sports Start Dates

WINTER

High School Sports 11/13
 Modified Sports 11/20
 Wrestling Certification 11/17

SPRING

High School Sports 3/11
 Modified Sports 3/25

Ninth Annual Faculty Volleyball Battle

The ninth annual faculty volleyball battle will tentatively be held on November 9th. Please get the word out to your building staff and start assembling your championship team!



New EGCSd PE Member



Thomas Libardi (CHS):

Thomas graduated from SUNY New Paltz in 2010 with a BA in Communications and a minor in sociology. He then attended UCLA where he completed a sports performance internship. From there, Thomas worked for two years as our district wide wellness coordinator. He currently holds the following certifications: NASM, CPT, CES, PES, USA Weightlifting Level 1 and is also a certified nutrition coach.

Fall Sports Update

Fall sports are in full swing! Currently our girls and boys soccer teams are ranked in NYS at 3rd and 11th respectively while our girls volleyball team is currently holding onto the 11th ranked spot. Here is a brief update from a few of our other fall sports teams:

Boys Soccer: 9-0-1

Girls Soccer: 9-0-2

Boys Volleyball: 4-2

Girls Volleyball: 11-4

Football: 3-1



The 2023 Columbia Basketball Golf Scramble

This past Saturday, the Columbia Basketball program put on its 29th Annual Columbia Basketball Golf Scramble which benefits the Columbia Boys & Girls Basketball Programs as well as the Bob Smith & Ted Romanowski Memorial Scholarships. The tournament is run and managed by both Curtis Sankey and Shay Harrison.