

Boys Indoor Track: November 2023

5	6	7	8	9	10	11
12	13 Practice 2:30 to 4:30	14 Practice 2:30 to 4:30	15 Practice 2:30 to 4:30	16 Practice 2:30 to 4:30	17 Practice 2:30 to 4:30	18 OFF
19 OFF	20 Practice 2:30 to 4:30	21 Practice 2:30 to 4:30	22 Practice @ HVCC 10:00 to 11:30am	23 Happy Thanksgiving	24 No Practice (Home Training)	25 No Practice (Home Training)
26 OFF	27 Practice 2:30 to 4:30 (Meet the Coaches Night 7pm)	28 Practice 2:30 to 4:30	29 Practice 2:30 to 4:30	30 Practice 2:30 to 4:30	1 Practice 2:30 to 4:30	2 OFF

Boys Indoor Track: December 2023

					1 Practice 2:30 to 4:30	2 OFF
3 ITHACA INVY @ITHACA COLLEGE 10:00AM-1:30PM (Overnight)	4 Practice 2:30 to 4:30pm (Off for Ithaca Roster)	5 Practice 2:30 to 4:30pm	6 Practice @ HVCC 3:30 to 5:00pm	7 Practice 2:30 to 4:30pm	8 Practice 2:30 to 4:30pm	9 LEAGUE MEET #1 @ HVCC 3:00PM-8:30PM (Bus at 1:30pm)
10 OFF	11 Practice 2:30 to 4:30	12 Practice @ HVCC 3:30 to 5:00pm	13 Practice 2:30 to 4:30pm	14 Practice 2:30 to 4:30pm	15 Practice 2:30 to 4:30pm	16 Bishop Loughlin Games Ocean Breeze Staten Island (BOYS) (Bus 5:00am)
17 LEAGUE MEET #2 @UNION COLLEGE 8:00AM-1:30PM (Bus at 6:30am)	18 OFF	19 Practice @ HVCC 3:30 to 5:00pm	20 Practice 2:30 to 4:30pm	21 Practice @ HVCC 3:30 to 5:00pm	22 Practice 2:30 to 4:30pm	23 LEAGUE MEET #3 @ UNION COLLEGE 8:00AM-1:30PM (Bus at 6:30am)
24	25 Happy Holidays NO PRACTICE	26 Practice @ CHS 9:00 to 10:30am	27 Practice @ CHS 9:00 to 10:30am MTSCA HOLIDAY CLASSIC New Balance, Boston (Bus 5:00am)	28 LEAGUE MEET #4 @ HVCC 3:00PM-8:30PM (Bus at 1:30pm)	29 MARINE CORPS HOLIDAY GAMES @ Armory, NYC (Bus at 5am)	30 Viking Invitational @ HVCC 8:00AM-3:30PM Bus at 6:45am
31 OFF						

Boys Indoor Track: January 2024

	1 Happy Holidays NO PRACTICE	2 Practice 2:30 to 4:30pm	3 Practice 2:30 to 4:30pm	4 Practice 2:30 to 4:30pm	5 Practice 2:30 to 4:30pm	6 OFF
7 TCITL SPRINGFIELD INVITE @ Springfield College	8 Practice 2:30 to 4:30	9 Practice 2:30 to 4:30pm	10 Practice 2:30 to 4:30pm	11 Practice @ HVCC 3:30 to 5:00pm	12 Yale Invitational (overnight) Steve Borbet Armory	13 Yale Invitational
14 LEAGUE MEET #5 @ CBA 8:00AM-2:30PM (Bus at 6:30am)	15 OFF	16 Practice 2:30 to 4:30	17 Practice 2:30 to 4:30	18 Practice 2:30 to 4:30	19 Practice 2:30 to 4:30	20 LEAGUE MEET #6 @ CBA 8:00AM-2:30PM (Bus at 6:30am)
21 OFF	22 Practice 2:30 to 4:30	23 Practice 2:30 to 4:30	24 Practice 2:30 to 4:30	25 Practice 2:30 to 4:30	26 Practice 2:30 to 4:30	27 SSC Frosh Champs @ CBA 8:00AM-2:30PM (Bus at 6:30am)
28	29 Practice 2:30 to 4:30	30 Practice 2:30 to 4:30	31 Practice 2:30 to 4:30			

Boys Indoor Track: February-March 2024

				1 Practice 2:30 to 4:30	2 Practice 2:30 to 4:30	3 OFF
4 SC Varsity Champs @ CBA 8:00AM-4:30PM Bus at 6:30am	5 Practice 2:30 to 4:30	6 Practice 2:30 to 4:30	7 Practice 2:30 to 4:30	8 Practice @ HVCC 3:30 to 5:00pm	9 Practice 2:30 to 4:30	10 OFF
11 Sectionals @ CBA TBD	12 Practice 2:30 to 4:30	13 Practice 2:30 to 4:30	14 Practice 2:30 to 4:30	15 Practice 2:30 to 4:30	16 Practice 2:30 to 4:30	17 State Quals TBD
18 State Quals TBD	19 Practice @ CHS TBD	20 Practice @ CHS TBD Eastern States Armory	21 Practice @ CHS TBD	22 Practice @ CHS TBD	23 Practice @ CHS TBD	24 OFF
25 OFF	26 Practice 2:30 to 4:30	27 Practice 2:30 to 4:30	28 Practice 2:30 to 4:30	29 Practice 2:30 to 4:30	1 NYS Championships (March 1-3)	2 NYS Championships (March 1-3)

3 OFF	4 Practice 2:30 to 4:30	5 Practice 2:30 to 4:30	6 Practice 2:30 to 4:30	7 Practice 2:30 to 4:30	8 Indoor Nationals	9-10 Indoor Nationals
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