

December 2023

East Greenbush CSD Pre-K



MON	TUE	WED	THU	FRI
				1 French Bread Pizza Cucumber Wheels Baby Carrots Assorted Fruit 1% White Milk
4 Whole Grain Corndog BBQ Baked Beans Baby Carrots Assorted Fruit 1% White Milk	5 Egg & Cheese Croissant Turkey Sausage Sweet Potato Puffs Baby Carrots Assorted Fruit 1% White Milk	6 Meatball Sub French Fries Broccoli Florets with Ranch Assorted Fruit 1% White Milk	7 Grades PK-5: 1/2 Day	8 Personal Pan Pizza Grape Tomatoes Baby Carrots Assorted Fruit 1% White Milk
11 Crispy Fish Sticks Waffle Fries Homemade Coleslaw Assorted Fruit 1% White Milk	12 Pasta with Meat Sauce Garlic Breadstick Roasted Broccoli Baby Carrots Assorted Fruit 1% White Milk	13 Grades PK-5: 1/2 Day	14 Chicken Nuggets Vegetable Herb Rice Peas & Carrots Baby Carrots Assorted Fruit 1% White Milk	15 Pizza Dunkers Marinara Sauce Chickpea Salad Baby Carrots Assorted Fruit 1% White Milk
18 Macaroni & Cheese Whole Grain Soft Pretzel Sweet Green Peas Baby Carrots Assorted Fruit 1% White Milk	19 French Toast Sticks Turkey Sausage Sweet Potato Puffs Baby Carrots Assorted Fruit 1% White Milk	20 Taco Salad Baked Tostitos Chips Cheesy Refried Beans Baby Carrots Assorted Fruit 1% White Milk	21 Chicken Parmesan Sandwich Garden Salad Baby Carrots Assorted Fruit 1% White Milk	22 Stuffed Crust Pizza Seasoned Green Beans Baby Carrots Assorted Fruit 1% White Milk
25 Holiday Recess No School	26 Holiday Recess No School	27 Holiday Recess No School	28 Holiday Recess No School	29 Holiday Recess No School

ANNOUNCEMENTS

Applications for Free & Reduced Price Meals are available at: egcsd.org/departments/food-service



Please contact the Food Services Department with any questions!

Nutritional information can be found on our online menus

Daily Alternatives

Smucker's Uncrustable offered with String Cheese & Goldfish Crackers

Whole Grain Muffin & Trix Yogurt offered with String Cheese & Goldfish Crackers

Garden Salad offered with Dinner Roll & Choice of Meat/Cheese

Sandwich of the Day on Whole Grain Bread:
 Monday: Tuna Salad
 Tuesday: Turkey & Cheese
 Wednesday: Bolonga & Cheese
 Thursday: Ham & Cheese
 Friday: Smucker's Uncrustable