

January 2024

East Greenbush CSD Elementary & Middle School

MON	TUE	WED	THU	FRI
1 New Year's Day No School	2 Pizza Crunchers Seasoned Green Beans Baby Carrots Assorted Fruit Choice of Milk	3 Toasted Cheese Croissant Campbell's Tomato Soup Baby Carrots Assorted Fruit Choice of Milk	4 Popcorn Chicken Dutch Waffle with Syrup Carrot Coins Assorted Fruit Choice of Milk	5 French Bread Pizza Steamed Broccoli Ranch Roasted Chickpeas Assorted Fruit Choice of Milk
8 Cheeseburger on a Whole Wheat Bun French Fries Baby Carrots Assorted Fruit Choice of Milk	9 Mini Maple Pancakes Turkey Sausage Links Sweet Potato Puffs Baby Carrots Assorted Fruit Choice of Milk	10 Homemade Chili with Cheddar Cheese Mini Cornbread Loaf Garden Salad Baby Carrots Assorted Fruit Choice of Milk	11 Chicken Nuggets Vegetable Herb Rice Seasoned Green Beans Baby Carrots Assorted Fruit Choice of Milk	12 Stuffed Crust Pizza Chickpea Salad Baby Carrots Assorted Fruit Choice of Milk
15 Martin Luther King Jr. Day No School	16 Hot Dog on a Whole Wheat Bun Baked Beans Baby Carrots Assorted Fruit Choice of Milk	17 Pasta & Meatballs Garlic Breadstick Broccoli Florets Assorted Fruit Choice of Milk	18 Crispy Chicken Sandwich Golden Corn Baby Carrots Assorted Fruit Choice of Milk	19 Personal Pan Pizza Roasted Cauliflower Baby Carrots Assorted Fruit Choice of Milk
22 Mandarin Orange Chicken Vegetable Egg Roll Steamed Broccoli Baby Carrots Assorted Fruit Choice of Milk	23 French Toast Sticks Trix Yogurt Honey Glazed Carrots Baby Carrots Assorted Fruit Choice of Milk	24 Taco Salad Baked Tostitos Chips Seasoned Black Beans Baby Carrots Assorted Fruit Choice of Milk	25 Oven Roasted Chicken Whole Grain Dinner Roll Mashed Potatoes Baby Carrots Assorted Fruit Choice of Milk	26 Pizza Dunkers Marinara Sauce Cucumber Wheels Assorted Fruit Choice of Milk
29 Macaroni & Cheese Whole Grain Biscuit Seasoned Green Beans Baby Carrots Assorted Fruit Choice of Milk	30 Breaded Fish Sandwich Homemade Coleslaw Waffle Fries Assorted Fruit Choice of Milk	31 Chicken Quesadilla Confetti Corn Salad Baby Carrots Assorted Fruit Choice of Milk		

ANNOUNCEMENTS

Applications for
Free & Reduced Price Meals
are available at:
egcsd.org/departments/food-service



Please contact the
Food Services Department
with any questions!

Nutritional information can be found
on our online menus

Daily Alternates

Smucker's Uncrustable offered with
String Cheese & Goldfish Crackers

Whole Grain Muffin & Trix Yogurt offered with
String Cheese & Goldfish Crackers

Garden Salad offered with
Dinner Roll & Choice of Meat/Cheese

Sandwich of the Day on Whole Grain Bread:
Monday: Tuna Salad
Tuesday: Turkey & Cheese
Wednesday: Bolonga & Cheese
Thursday: Ham & Cheese
Friday: Smucker's Uncrustable