

# January 2024

## East Greenbush CSD Pre-K

MON	TUE	WED	THU	FRI
<b>1</b> <b>New Year's Day</b> <b>No School</b>	<b>2</b> Pizza Crunchers Seasoned Green Beans Baby Carrots Assorted Fruit 1% White Milk	<b>3</b> Toasted Cheese Croissant Campbell's Tomato Soup Baby Carrots Assorted Fruit 1% White Milk	<b>4</b> Popcorn Chicken Dutch Waffle with Syrup Carrot Coins Assorted Fruit 1% White Milk	<b>5</b> French Bread Pizza Steamed Broccoli Ranch Roasted Chickpeas Assorted Fruit 1% White Milk
<b>8</b> Cheeseburger on a Whole Wheat Bun French Fries Baby Carrots Assorted Fruit 1% White Milk	<b>9</b> Mini Maple Pancakes Turkey Sausage Links Sweet Potato Puffs Baby Carrots Assorted Fruit 1% White Milk	<b>10</b> Homemade Chili with Cheddar Cheese Mini Cornbread Loaf Garden Salad Baby Carrots Assorted Fruit 1% White Milk	<b>11</b> Chicken Nuggets Vegetable Herb Rice Seasoned Green Beans Baby Carrots Assorted Fruit 1% White Milk	<b>12</b> Stuffed Crust Pizza Chickpea Salad Baby Carrots Assorted Fruit 1% White Milk
<b>15</b> <b>Martin Luther King Jr. Day</b> <b>No School</b>	<b>16</b> Hot Dog on a Whole Wheat Bun Baked Beans Baby Carrots Assorted Fruit 1% White Milk	<b>17</b> Pasta & Meatballs Garlic Breadstick Broccoli Florets Assorted Fruit 1% White Milk	<b>18</b> Crispy Chicken Sandwich Golden Corn Baby Carrots Assorted Fruit 1% White Milk	<b>19</b> Personal Pan Pizza Roasted Cauliflower Baby Carrots Assorted Fruit 1% White Milk
<b>22</b> Mandarin Orange Chicken Vegetable Egg Roll Steamed Broccoli Baby Carrots Assorted Fruit 1% White Milk	<b>23</b> French Toast Sticks Trix Yogurt Honey Glazed Carrots Baby Carrots Assorted Fruit 1% White Milk	<b>24</b> Taco Salad Baked Tostitos Chips Seasoned Black Beans Baby Carrots Assorted Fruit 1% White Milk	<b>25</b> Oven Roasted Chicken Whole Grain Dinner Roll Mashed Potatoes Baby Carrots Assorted Fruit 1% White Milk	<b>26</b> Pizza Dunkers Marinara Sauce Cucumber Wheels Assorted Fruit 1% White Milk
<b>29</b> Macaroni & Cheese Whole Grain Biscuit Seasoned Green Beans Baby Carrots Assorted Fruit 1% White Milk	<b>30</b> Breaded Fish Sandwich Homemade Coleslaw Waffle Fries Assorted Fruit 1% White Milk	<b>31</b> Chicken Quesadilla Confetti Corn Salad Baby Carrots Assorted Fruit 1% White Milk		

### ANNOUNCEMENTS

Applications for Free & Reduced Price Meals are available at: [egcsd.org/departments/food-service](http://egcsd.org/departments/food-service)



Please contact the Food Services Department with any questions!

Nutritional information can be found on our online menus

### Daily Alternates

Smucker's Uncrustable offered with String Cheese & Goldfish Crackers

Whole Grain Muffin & Trix Yogurt offered with String Cheese & Goldfish Crackers

Garden Salad offered with Dinner Roll & Choice of Meat/Cheese

Sandwich of the Day on Whole Grain Bread:

- Monday: Tuna Salad
- Tuesday: Turkey & Cheese
- Wednesday: Bolonga & Cheese
- Thursday: Ham & Cheese
- Friday: Smucker's Uncrustable