

May 2024

East Greenbush CSD Elementary & Middle School

Health-e Pro 

MON	TUE	WED	THU	FRI
		1 Chicken Pizza Quesadilla Black Bean & Corn Salad Baby Carrots Assorted Fruit Choice of Milk	2 Chicken Nuggets Vegetable Herb Rice Seasoned Green Beans Baby Carrots Assorted Fruit Choice of Milk	3 SCHOOL LUNCH HERO DAY Stuffed Crust Pizza Steamed Broccoli Florets Baby Carrots Assorted Fruit Choice of Milk
6 Whole Grain Corndog BBQ Baked Beans Baby Carrots Assorted Fruit Choice of Milk	7 Mini Maple Pancakes Turkey Sausage Links Sweet Potato Puffs Assorted Fruit Choice of Milk	8 Toasted Cheese Croissant Campbell's Tomato Soup Garden Salad Assorted Fruit Choice of Milk	9 Grilled Chicken Sandwich French Fries Baby Carrots Assorted Fruit Choice of Milk	10 Personal Pan Pizza Mixed Vegetables Baby Carrots Assorted Fruit Choice of Milk
13 Meatballs & Marinara Cheesy Breadstick Chickpea Salad Baby Carrots Assorted Fruit Choice of Milk	14 Crispy Fish Sticks Potato Puffs Homemade Coleslaw Baby Carrots Assorted Fruit Choice of Milk	15 Macaroni & Cheese Soft Pretzel Cucumber Wheels Baby Carrots Assorted Fruit Choice of Milk	16 Chicken Tenders Pasta Salad Baby Carrots Assorted Fruit Choice of Milk	17 French Bread Pizza Fresh Broccoli Florets Baby Carrots Assorted Fruit Choice of Milk
20 Cheeseburger on a Whole Wheat Bun Baked Beans Baby Carrots Assorted Fruit Choice of Milk	21 French Toast Sticks Turkey Sausage Links Maple Glazed Carrots Baby Carrots Assorted Fruit Choice of Milk	22 Taco Salad Baked Tostitos & Salsa Golden Corn Baby Carrots Assorted Fruit Choice of Milk	23 Popcorn Chicken Mashed Potatoes Baby Carrots Assorted Fruit Choice of Milk	24 Recess Day No School
27 Memorial Day No School	28 Recess Day No School	29 Hot Dog on a Whole Wheat Bun Waffle Fries Baby Carrots Assorted Fruit Choice of Milk	30 Oven Roasted BBQ Chicken Cornbread Poppers Seasoned Green Beans Assorted Fruit Choice of Milk	31 Pizza Dunkers with Marinara Sauce Cucumber Wheels Baby Carrots Assorted Fruit Choice of Milk

Announcements



May 3 is School Lunch Hero Day! Thank you to our food service staff who work hard to provide nutritious meals to our students every day!



Nutritional information can be found on our online menus

Please contact the Food Service Department with any questions!

Alternate Meals

Smucker's Uncrustable offered with String Cheese & Goldfish Crackers

Whole Grain Muffin & Trix Yogurt offered with String Cheese & Goldfish Crackers

Garden Salad offered with Dinner Roll & Choice of Meat/Cheese

Sandwich of the Day on Whole Grain Bread:
Monday: Tuna Salad
Tuesday: Turkey & Cheese
Wednesday: Bolonga & Cheese
Thursday: Ham & Cheese
Friday: Smucker's Uncrustable