



Girls Flag Football Camp

Grades 7-12



****Out of District Athletes Welcome****

Monday, July 15 - Friday, July 19
6:00 - 8:00 pm
Turf Field @ Columbia High School

What is being offered?

- Flag Football skills and drills
- Focus on fundamentals of the game
- Team and individual development

Who?

- Run by the Columbia Girls Flag Football coaching staff

Camp Director: Craig Cavotta

Questions: cavottath@egcsd.org

\$75.00 Cash or Check due no later than July 1, 2024

Checks Made out to: ***Friends of Blue Gridiron***

Please provide the following information:

Childs name: _____

Grade entering in September: _____

Please circle one t-shirt size:

S M L XL Other _____

*Mail to: Craig Cavotta
 15 Camber Ct.
 Mechanicville, NY 12118*

By signing below and submitting this application I affirm that my son/daughter is physically fit to participate in strenuous physical activity and I know of no medical reason prohibiting my child from participating in the Flag Football Youth Camp. I understand that personal injury insurance is not included in the camp fee and I waive the Flag Football Youth Camp, its officers, employees and property owners of any and all responsibility for injury or illness. My child is covered by health insurance by the policy listed below. I also understand that my signature grants the Flag Football Youth Camp Staff my full approval to have my son/daughter treated according to the staff's best judgment in the case of an emergency or injury.

Health Insurance Provider: _____

Policy #: _____

Allergies/Medications: _____

Parent or Guardian Signature: _____