



Sign up For Wrestling

Boys and Girls

Grades 7th & 8th

<https://www.familyid.com/organizations/east-greenbush-central-school-district-athletics>

PRACTICE BEGINS:

November 25th

- Location: Goff Cafeteria
- Time: 3:30-5:00pm
- Equipment needed: Wrestling shoes, headgear (not necessary the first week of practice)