



TRYOUTS :: Winter 24-25

When: Skills Evaluation Day 1: Monday, November 18th, 5:30-8 pm.
Skills Evaluation Day 2: Tuesday, November 19th, 5:30-8 pm.
Final Evaluation Day 3: Thursday, November 21st, begins at 5:30 pm.
Team placements will be made at the conclusion of Day 3

Where: Green Meadow Elementary School

Attire: Black top, black shorts, cheerleading sneakers or other comfortable athletic shoes, hair pulled back out of face in a high ponytail, short fingernails, and *absolutely no jewelry*. Please dress accordingly.

PLEASE SUBMIT/BRING: a completed [Cheerleading Information Sheet](#), your own water bottle, hand sanitizer and a healthy snack.

Eligibility: ALL ATHLETES MUST BE CLEARED BY THE HEALTH OFFICE TO PARTICIPATE!!

- ★ Have an up to date physical on file in the nurse's office. Please sign up online using FamilyID before tryouts. A current physical is mandatory to have in order to try out for a team. *No physical will result in no participation* until the school nurse notifies the coaches that the athlete is cleared to participate.
- ★ *MALES* must submit Mixed Competition paperwork.
- ★ All 7th and 8th graders must have completed APP in order to be eligible to try out.

Preparing for Tryouts: Cheerleading is a sport that requires endurance, stamina, strength and flexibility. In order to prepare for tryouts, athletes must stretch and condition during the off-season. Feel free to check out our *YouTube* channel for sport specific workouts.

Review Winter 24-25 Tryout Material on our *YouTube* channel, DevilNation Cheer, before November 18th!
Material will be posted no later than November 15th.

If you have any questions, comments, or concerns please don't hesitate to email:

DevilNationCheer@gmail.com