



Columbia Modified Girls Lacrosse Tryouts Spring 2026

Modified Girls Lacrosse will have tryouts at Genet Elementary School on the lower fields closest to Route 4. Tryouts begin Monday March 23, 2026 at 3:30PM.

- All athletes must have an “**APPROVED**” status on family ID to be able to be eligible for tryout/practice.
- <https://students.arbitersports.com/organizations/east-greenbush-central-school-district>

Tryouts will last for three days. (3/23, 3/24, 3/25).

- Decisions will be made by the end of tryouts **Wednesday March 25th**.

TRYOUT/PRACTICE SCHEDULE:

DATE	DAY	TIME	LOCATION
3/23	Monday	3:30PM-5:30PM	Genet Elementary School
3/24	Tuesday	3:30PM-5:30PM	Genet Elementary School
3/25	Wednesday	3:30PM-5:30PM	Genet Elementary School
3/26	Thursday	3:30PM-5:30PM	Genet Elementary School
3/27	Friday	3:30PM-5:30PM	Genet Elementary School

Shuttle Bus Instructions:

- Route #32 will depart Goff Middle School between 2:50PM to 2:55PM to transport players to Genet.
- Players should be changed into their practice clothes before boarding the shuttle bus.

ITEMS NEEDED FOR TRYOUTS:

- Running Sneakers
- Cleats
- Goggles & Mouth Guard
- Lacrosse Stick
- COLD WEATHER ITEMS (Hats, Gloves, Layers)
- Reversible Pinnie (If you have one!)

Looking forward to a great season!!

If you have any questions please feel free to reach out to Coach Shannen Barrett.
barrettshannen@gmail.com